

**THE UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK**

SW-521 - SOCIAL WORK PRACTICE WITH INDIVIDUALS

Course Outline
FALL 2003

Instructor: Robert Dove, L.C.S.W.
Office: 843-3128
Fax: 843-3134
DOVE@Rhodes.edu
Office Hours: By appointment.

Course Requirements: Participation 20%. Students are expected to be physically, intellectually and emotionally present for all classes.

Life happens. If circumstances arise that prevent you from attending class, please call me prior to class and make arrangements to deliver your journal entries for that week prior to the start of that week's class.

Journal 40%. 1 – 2 pages, typed, double spaced. Due at the beginning of each class. Students should use these journal entries to better understand their responses – intellectual and emotional – to assigned readings, class discussions and their clinical work at field placement. You are encouraged to use the journal as an opportunity to think out loud and to take chances.

Paper 40%. 5 – 10 pages, typed. Due the Monday before Thanksgiving. The paper should demonstrate your understanding of a theory or concept discussed in this class. You may contrast different theories, or argue the strengths and shortcomings of a particular theory. You may apply a theory or theories to a case study in a way that increases your understanding of how the subject of that study experiences the world.

Readings: Students are expected to read all texts assigned and to demonstrate their familiarity with the texts in class discussions and/or journal entries.

Required Texts: Beck, Judith. Cognitive Therapy: Basics & Beyond (1995)

Goldstein, Eda. Ego Psychology & Social Work Practice. (1995)

Herman, Judith. Trauma & Recovery (1997)

Course Outline:

WEEK 1 INTRODUCTION TO THE COURSE
August 25

WEEK 2 MEMORIAL DAY
September 1

WEEK 3 OBJECT RELATIONS
September 8

Required reading: Dworkin, S. & Gutierrez, F, “Gay, Lesbian and African American: Managing the Integration of Identities” In S. Dworkin & F. Gutierrez (Ed.), Counseling Gay Men & Lesbians, pp. 141-156.

Erickson, E. “Eight Ages of Man” in Childhood & Society pp. 247-274

Goldstein, E. Ego Psychology & Social Work Practice. Chapters 1, 3 & 5. pp. 3-28; 53-71; 86-112.

Grebber, Stanley “On Being Therapeutic” Canadian Psychiatric Association Journal vol 22, 1977, pp. 371–380.

Shectman, F. “Time & the Practice of Psychotherapy” Psychotherapy, 23:4. 1986, pp. 521-525

WEEK 4 DEFENSES
September 15

Required reading: Goldstein, E. Ego Psychology & Social Work Practice. Chapter 4 pp.72-85.

Saleebey, D. “The Strengths Perspective in Social Work Practice” Social Work 41 (3) pp.296-305.

WEEK 5 SELF PSYCHOLOGY
September 22

Required reading: Baker, Howard & Baker, Margaret “Heinz Kohut’s Self Psychology: An Overview” The American Journal of Psychiatry January 1987 pp. 1-9.

Kohut, H. & Wolf, E. “The Disorders of The Self & Their Treatment: An Outline” International Journal of Psychoanalysis (1978) 59 pp.413-425.

WEEK 6 NO CLASS.
September 29

WEEK 7 TRAUMA
October 6

Required reading: Herman, J. Trauma and Recovery (1997)

Perry, B. “Incubated in Terror: Neurodevelopmental Factors in the ‘Cycle of Violence’” In J. Osofsky, Children in a Violent Society (1997) pp.124-149.

Terr, L. “What Happens to Early Memories of Trauma?” Journal of the American Academy of Child Adolescent Psychiatry 1988, 27 pp. 96-104.

van der Kolk, B. “Trauma and Memory” In B. van der Kolk et al Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body and Society (1996) pp.279-302.

Recommended reading:

Garbarino, J. Lost Boys: Why Our Sons Turn Violent & How We Can Save Them (1999)

Glodich, AnnMarie “Traumatic Exposure To Violence: A Comprehensive Review Of the Child & Adolescent Literature” Smith College Studies in Social Work 68 (3), pp.1-41. Terr, Lenore Unchained Memories

WEEK 8 PERSONALITY DISORDERS
October 13

Required reading: Goldstein, E. Ego Psychology & Social Work Practice. Chapter 12. pp.289-329.

Linehan, M. Cognitive Behavioral Therapy of Borderline Personality Disorder. Chapters 1, 3 & 4 pp. 3-27; 66-119.

Lundy, Marta. "Explicitness: The Unspoken Mandate of Feminist Social Work" AFFILIA 8, (2) 1993 pp. 184-199.

WEEK 9 TRANSFERENCE

October 20

Required reading: Adler, Gerald "Helplessness in the Helpers" British Journal of Med. Psychology 1972, 45 pp. 315-325.

Dallenberg, Constance "Countertransference Responses to Anger and Perceived Manipulation" Countertransference and the Treatment of Trauma 2001. 99 pp. 173-198.

McIntosh, P. "White Privilege & Male Privilege" In N, Andersen (Ed.) Race, Class and Gender (1988) pp.70-81.

O'Connor, M. "Psychotherapy With Gay and Lesbian Adolescents" In S. Dworkin, & F Gutierrez (Ed.), Counseling Gay Men & Lesbians pp. 3-21.

Taffel, Ron "In Praise of Countertransference" Family Therapy Networker January, 1993 pp. 52-57.

Winnicott, D.W. "Hate in the Counter-transference"

WEEK 10 COGNITIVE/BEHAVIORAL THEORY

October 27

Required reading: Beck, J. Cognitive Therapy: Basics & Beyond. Chapters 1, 2, 3, 4 & 5 pp. 1-74.

Ellis, A. & Harper, R. A New Guide to Rational Living (1975). Chapters 1, 2, 3, 4, & 5 pp. 1-37.

WEEK 11 COGNITIVE/BEHAVIORAL THEORY

November 3

Required reading: Beck, J. Cognitive Therapy: Basics & Beyond. Chapters 6, 7, 8 & 9 pp. 75-136.

Pope Davis, D et al. "Client Perspectives on Multicultural Counseling Competence" The Counseling Psychologist 30 (3) pp.355-393.

Wing Sue, D & Sue, S. "Counseling Hispanic Americans" In D. Wing Sue & S. Sue, Counseling the Culturally Different (1999) pp.286-303.

WEEK 12 ASSESSMENT & TIME-LIMITED TREATMENT

November 10

Required reading: Goldstein, E. Ego Psychology & Social Work Practice. Chapters 7, 8 & 10 pp.143-199 & 230-256.

Ness, J & Iadicola, P. "Toward a Definition of Feminist Social Work" Social Work January 1989 pp.12-21.

O'Hanlon, W.H. "Possibility Therapy: From Iatrogenic Injury to Iatrogenic Healing" In P. Reece & S. Gilligan (Eds.), Therapeutic conversations (1993) pp.3-21.

Rybak, C., Leary, A. & Marui, A. "The Resiliency Wheel: A training model for enhancing the effectiveness of cross-cultural interviews" International Journal For The Advancement of Counseling 23 pp. 7-19.

Taft, Jessie "The Time Element in Therapy" Read at the National Conference of Social Work in Philadelphia in 1932. pp. 3-23.

WEEK 13 DEPRESSION

November 17

Required reading: Beck, J. Cognitive Therapy: Basics & Beyond. Chapter 11 pp.166-192.

Ellis, A & Harper, R. A New Guide to Rational Living Chapter 18 pp. 177-185.

Freud, S. "Mourning & Melancholia" 1917 pp. 164-179.

Shea, S. "Interviewing Techniques in Depression and Other Mood Disorders" In Psychiatric Interviewing: The Art of Understanding (1998) pp. 225-283.

WEEK 14 CHRONIC DISEASES OF THE BRAIN

November 24

Required reading: Goldstein, E. Ego Psychology & Social Work Practice. Chapter 11. pp. 257-288.

Goodwin, F. & Redfield Jamison, K. Manic Depressive Illness. (1990) Chapter 2. pp. 15-55.

Torrey, E.F. Surviving Schizophrenia. (3rd Edition) (1995) Chapters 1,2 &3 pp. 1-104.

Recommended Reading: Redfield Jamison, Kay. The Unquiet Mind.

WEEK 15 TERMINATION

December 1

Required reading: Beck, J. Cognitive Therapy: Basics & Beyond. Chapter 15 pp. 269-283.

Epston, D. & White, M. "Termination As A Rite Of Passage: Questioning Strategies For A Therapy Of Inclusion" pp. 339-354.

Gould, Robert Paul "Students' Experience with the Termination Phase of Individual Treatment" pp.235-269.

Porter, N. "Therapist Self-Care: A Proactive Ethical Approach" In E.J. Rave & C.C. Larsen (Ed.) Ethical Decision Making in Therapy: Feminist Perspectives (1995) pp. 247-266.