

UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK

SW-525: CLINICAL SOCIAL WORK PRACTICE
WITH GROUPS

Course Outline
Fall 2004

Brenda Jabbour, LCSW
bjabbour@deltamedcenter.com
901-369-6980

Course Outline

**A structured group exercise will accompany most of the class sessions.*

First Session 8/24/04	Introduction of Group Work Group Foundations Yalom Chapter 1 & Chapter 17
Second Session 8/31/04	Therapeutic Factors Yalom Chapter 2 & Chapter 4
Third Session 9/7/04	The Therapist Yalom Chapter 3 & Chapter 5 Corey & Corey, Chapter 2
Fourth Session 9/14/04	Creation of the Group Yalom Chapter 8 & Chapter 10
Fifth Session 9/21/04	Ethical and Legal Issues Standards of Social Work Practice with Groups Corey & Corey, Chapter 3
Sixth Session 9/28/04	Setting Goals Yalom Chapter 11
Seventh Session 10/5/04	Guest Speakers /Mid-term
Eight Session 10/12/04	Here & Now Therapy Yalom Chapter 6 and Chapter 7
Ninth Session	The Advanced Group/ Special Populations-Adolescents

10/19/04	Yalom Chapter 12 & Chapter 9 Corey & Corey, Chapter 10
Tenth Session 10/26/04	The Advanced Group/Specialized Populations-Elderly Yalom Chapter 12 & Chapter 9 Corey & Corey, Chapter 12
11/2/04	Research Day (Library)
Eleventh Session 11/9/04	The Group Process/Problem Clients (PAPER DUE) Yalom Chapter 13 & Chapter 14
Twelfth Session 11/16/04	Presentations
Thirteenth Session 11/23/04	Presentations
Fourteenth Session 11/30/04	Presentations

****This is an academic course and any no way is tended to provide therapy or any type of health care services for the enrolled students.***

Student Health Center

If students experience discomfort and/or awareness that require professional health care the UT Student Health Center is available at 901/448-5630 to help any students take responsibility for their personal health care issues. The course instructor is available to assist with referrals.

Grading System

In this course, five (5) criteria will be used to evaluate the student's comprehension and synthesis of the content presented. They are: (1) class attendance and participation, (2) mid-term exam, (3) paper on a modality of group therapy, (4) class presentations, and (5) weekly one page summaries of assigned readings. Some specifics of the system and grade percentages follow.

Class attendance and participation – 100 POINTS -- (25% of total grade)

Students are expected to attend all scheduled classes. Please inform the instructor as soon as possible as to the reasons for absences. **(More than three missed classes will result in the loss of 50% of points available for class attendance and participation.)** Consistent participation in discussions and in class interactive assignments is expected. *Students must read all assigned readings prior to attending class.* This will contribute to interactive discussions and exchanges of ideas. **(It is important to consistently participate in discussions and class exercises to avoid the loss of 50% of points available for attendance and class participation.)**

Mid-term Examination --100 POINTS – (25% of total grade)

An examination will be given to measure students' knowledge and understanding of the content covered in the first half of the course.

Paper – 100 POINTS (25% of total grade)

Each student will complete one 4 to 6 page typed paper on a modality of group therapy appropriate for a high risk/vulnerable population of the student's choice. The paper will utilize scholarly literature to justify the appropriateness of the modality for the population chosen.

All papers should be formatted via APA guidelines and reflect assigned readings and relevant research literature. Additional details for th assignment will be given in class. **(It is important to follow APA guidelines and utilize appropriate sentence structure and grammar to avoid up to a 10% deduction of points available for this assignment).**

Class Presentations—40 POINTS (10% of total grade)

Each student will present the highlights of his/her paper in class. The presentation requirements will be discussed in detail closer to the due date. The assignment will be graded via pass/fail criteria with three out of five content components being clearly presented for a passing outcome.

Completion of ten (10) weekly one page summaries of the assigned readings -- 60 POINTS (15% of total grade)

Beginning with the 2nd class (8/31/04) a one page (typed/double spaced) or two page (handwritten) summary of the assigned readings is due at the beginning of class. These summaries are to include major points from **all** chapter readings assigned for the class utilizing appropriate sentence structure, grammar, and punctuation to avoid point reduction.

The following point scale will be used to determine the student's overall class grade.

400-380=A 379-344=B 343-304=C 303-280=D Below 279=F

Required Readings

Corey, S. C. and Corey, G. (2002). *Groups: Process and Practice*, 6th Ed., California: Brooks/Cole. (Chap. 2,3, 10 & 12 on reserve)

Yalom, I. D. (1995). *Theory and Practice of Group Psychotherapy*, 4th Ed., New York: Basic Books.

Additional Reading

Association for the Advancement of Social Work with Groups, Inc. (1999). *Standards for Social Work Practice with Groups*. Akron: AASWG c/o University of Akron.

Azibo, D. A. (Ed). (1996). *African psychology in historical perspective and related commentary*. Trenton, NJ: Africa World Press Inc.

Bloch, S., Crouch, E., & Reibstein, J. (1981). Therapeutic factors in group psychotherapy. *Archives of General Psychiatry*, 38(5), 519 -526.

Blumberg, H. H., Hare, P., Kent, V., & Martin F. D. (1983). *Small Groups and Social Interaction*. (Vol. 2). New York: John Wiley and Sons.

Bostwick, J., G. J. (1987). "Where's Mary?" A review of the group treatment dropout literature. *Social Work with Groups*, 10(3), 117-132.

Braaten, L. J. (1991). Group cohesion: A new multidimensional model. *GROUP*, 15(1), 39-55.

Brekke, J. S. (1989). The use of orientation groups to engage hard-to-reach clients: Model, method, and evaluation. *Social Work with Groups*, 12, 2(75-88).

Brown, A. & Mistry, T. (1994). Group work with mixed membership groups: Issues of race and gender. *Social Work with Groups*, 17(3), 5-21.

Budman, S. H., Soldz, S., Demby, A., Davis, M., & Merry, J. (1993). What is cohesiveness? An empirical examination. *Small Group Research*, 24(2), 199-216.

Corey, M. & Corey, G. (1997). *Groups: Process and Practice* (5th ed.). Pacific Grove, CA: Brooks/Cole.

Davis & Procter. (1989). *Race and Group Treatment, Race, Gender, & Class: Guidelines for Practice with Individuals, Families, and Groups*, Englewood Cliffs, NJ: Prentice Hall.

Delucia-Waack, J. (1997). Measuring the effectiveness of group work: A review and analysis of process and outcome measures. *The Journal for Specialists in Group Work*, 22(4), 227-293.

Dreikers, R. (1959). Early experiments with group therapy. *American Journal of Psychotherapy*, 13, 882-891.

Edwards, E. D. & Edwards, M. E. (1984). Group discussion members' reactions to a structured opening exercise. *Small Group Behavior*, 9, 363-371.

Ettinger, M. F. (1988). "By the crowd they have been broken, by the crowd they shall be healed": The advent of group psychotherapy. *International Journal of Group Psychotherapy*, 38(2), 139-167.

Evans, C. R., & Dion, K. L. (1991). Group cohesion and performance: A meta-analysis. *Small Group Research*, 22(2), 175-186.

Flowers, J. V. B., C. D. (1989). Four studies toward an empirical foundation for group therapy. *Journal of Social Research*, 13(2), 105-121.

Gitterman & Shulman (1994). *Mutual Aid Groups, Vulnerable Populations, and the Life Cycle*, (Second Edition) New York: Columbia University Press, 1994.

Greif & Ephross. (1997). *Group Work with Populations at Risk*. New York: Oxford University Press.

Hack, T. F., Osachuk, T. A. G., & DeLuca, R. V. (1994). Group treatment for sexually abused preadolescent boys. *Families in Society: The Journal of Contemporary Human Service*, 75(4), 217-228.

Hare, P. A., Blumberg, H. H., Davies, M. F., & Kent, M. V. (1994). *Small Group Research: A Handbook*. Norwood, New Jersey: Ablex Publishing Corporation.

Hepworth, D.H., Rooney, R.H. and Laresen, J. (1997). *Direct Social Work Practice: Theory and Skills*. Pacific Grove, CA: Brooks/Cole Publishing Co.,

Hill, C. E. (1990). Is individual therapy process really different from group therapy process? *The Counseling Psychologist*, 18(1), 126-130.

Hurdle, D. E. (1991). The ethnic group experience. *Ethnicity and Biculturalism*. The Haworth Press: New York.

Kacen, L. (1999). Anxiety levels, group characteristics, and members' behaviors in the termination stage of support groups for patients recovering from heart attacks. *Research on Social Work Practice*, 9(6), 656-672.

Klein, R. (1999). "Group Work Practice with Transgendered Male to Female Sex Workers", In Mallon, G. (1999) *Social Services with Trans-gendered Youth*, 95-109.

Lee, J. A. B. (1994). *The empowerment approach to social work practice*. New York: Columbia University Press

Lewis, E. A. & Ford, B. (1991). The network utilization project: Incorporating traditional strengths of African-American families into group work practice. *Ethnicity and Biculturalism*. The Haworth Press: New York.

Margolies, (1990). Cracks in the frame: Feminism and the boundaries of therapy. *Women and Therapy*, 9 (4), pp. 19-30.

Mullin, B., & Copper, C. (1994). The relation between group cohesion and performance: An integration. *Psychological Bulletin*, 115, 210-227.

Nadler, D. A. (1979). The effects of feedback on task group behavior: A review of the experimental research. *Organizational Behavior and Human Performance*, 23, 309-338.

Opalic, P. (1990). Group processes in short-term group therapy of psychotics. *Small Group Research*, 21 (2), 168-189.

Reid, K. E. (1997). *Social Work Practice with Groups: A clinical perspective*. (Second ed.). Pacific Grove, California: Brooks/Cole Publishing Company.

Rose, S. D. (1989). Assessment in groups: Identifying client's problems and resources. *Working with Adults in Groups: Integrating Cognitive, Behavioral and Small Group Strategies*. San Francisco: Jossey-Bass.

Rose, S. D. (1989). Preparing for group therapy: Planning treatment and orienting members. *Working with Adults in Groups: Integrating Cognitive, Behavioral and Small Group Strategies*. San Francisco: Jossey-Bass.

Rose, S. D. (1989). Setting individual and group goals. *Working with Adults in Groups: Integrating Cognitive, Behavioral and Small Group Strategies*. San Francisco: Jossey-Bass.

Rose, S.D. (1989). Involving group members in relaxation, breathing, meditation, and socio-recreational activities. *Working with Adults in Groups: Integrating Cognitive, Behavioral and Small Group Strategies*. San Francisco: Jossey-Bass.

Rose, S. D. (1989). Using cognitive strategies to cope with stress and promote change. *Working with Adults in Groups: Integrating Cognitive, Behavioral and Small Group Strategies*. San Francisco: Jossey-Bass.

Schiller, L. Y. (1995). Stages of development in women's groups: A relational model. In Kurland, R. & Salmon, R. (Eds.), *Group Work Practice in a Troubled Society: Problems and Opportunities*. The Haworth Press: New York.

Shulman, L. (1992). *The Skills of Helping: Individuals, Families and Groups*. Itasca, Illinois: F.E. Peacock Publishers, Inc. (Chapters 8-15)

Smith, K. K., & White, G. L. (1983). Some alternatives to traditional social psychology of groups. *Personality and Social Psychology Bulletin*, 9, 65-73.

Smokowski, P. R., Rose, S., Todar, K., & Reardon, K. (1999). Post group-casuality status, group events, and leader behavior: An early look into the dynamics of damaging group experiences. *Research on Social Work Practice*, 9(5), 555-574.

Spitz, H. I. (1996). *Group Psychotherapy and Managed Mental Health Care: A Clinical Guide for Providers*. New York: Brunzer Mazel.

Spring, T. S. K. (1996). A review of inpatient group therapy for borderline personality disorder. *Harvard Review of Psychiatry*, 3(5), 268-278.

Toseland, R. W., & Rivas, R. F. (1995). Evaluation. *An Introduction to Group Work Practice*. (2nd ed.). Boston: Allyn and Bacon.

Toseland, R. W., & Rivas, R. F. (1995). Evaluation. *An Introduction to Group Work Practice*. (2nd ed.). Boston: Allyn and Bacon.

Toseland, R. W., & Rivas, R. F. (1995). Evaluation. *Ending the group's work*. (2nd ed.). Boston: Allyn and Bacon.

Tutty, L. M., Bidgood, B. A., & Rothery, M. A. (1996). Evaluating the effect of group process and client variables in support groups for battered women. *Research on Social Work Practice*, 6(3), 308-324.

Wulsin, L., Bachop, M., & Hoffman, D. (1988). Group therapy in manic-depressive illness. *American Journal of Psychotherapy*, 42(2), 263-271.

Yalom, I. D. (1995). *The Theory and Practice of Group Psychotherapy*. (4th ed.). New York: Basic Books.

Zimmerman, T. S., Jacobsen, R. B. MacIntyre, M., Watson, C. (1996). Solution-focused parenting groups: An Empirical study. *Journal of Systemic Therapies*, 15(4) 12-25.

Zimmerman, T. S., Prest, L. A., & Wetzel, B. E. (1997). Solution-focused couples therapy groups: An empirical study. *Journal of Family Therapy*, 19, 125-144.