

**UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK**

SW-530: Seminar in Clinical Social Work: Play therapy

Course Outline

Fall 2004

Instructor

Carolyn Tipton, LCSW, RPT-S

Office 901 324-7529

TEXTS:

Suggested references:

James, O'Dessie Oliver. Play Therapy: A Comprehensive Guide. North Bergen, NJ: Jason Aronson, Inc., 1997.

Oaklander, Violet. Windows to Our Children. Highland, NY: The Center for Gestalt Development, Inc., 1988.

Required reference:

Axline, Virginia. Dibs In Search of Self. New York: Ballantine Books, 1964.

EVALUATIONS:

Students will be evaluated in the following manner:

Attendance/Participation: 25%

Written assignment: 25%

Class Presentation: 25%

Final Examination: 25%

The grading scale for this course will be:

90-100 = A

80-89 = B

75-79 = C

64-69 = D

64 and below = F

SESSIONS:

August 18, 2004

Introduction and Overview

Course outline-review of texts

Discussion of play as it relates to therapy

Class structure
Axline's 8 principles
Audio tape, *Emotional Healing*, Garry Landreth
Discussion

August 25 and September 1

The Elements of Play Therapy

READ James text Part I—Essential Elements, PG 3 – 110

The Child

The Parent(s)

The Therapist

The Ethics

The Materials and setting

Film: *Essentials of Play Therapy*, Eliana Gil

Discussion

September 8 and 15

History, Theories, Techniques

READ James text Part II—Theories and Techniques, PG 111-170

The History of Play TX as we know it

Directive vs. Non-directive continuum

Video Collage Demonstrating Theories and techniques

Discussion

September 22

Review of Child Development

DIBS ASSIGNMENT DUE

Erickson, Piaget, Freud, Kohlberg---What they would say about PI TX

Importance of Knowledge of age-appropriate behavioral expectations

Video, *Children's Verbalizations in play Therapy*, Kevin O'Conner

Discussion

September 29, and October 6 and October 13

Varieties of Children, Varieties of Techniques

Read Chapters 1-7 in *Windows to Our Children*, Violet Oaklander

Categories of Children who come to PI TX

Oaklander Techniques

Video clips of Oaklander sessions

Presentation of cases for group assignment

Discussion

October 20 and October 27

The Process

READ James text Part III, PG 171—212

Stages of PI TX

Organization and use of play room
Rules and Limit-setting
A Child's First Book of Play Therapy
Video, *Techniques of Play Therapy*, Nancy Boyd Webb
Discussion

November 3
Group Presentations 1 and 2

November 10
Group Presentations 3 and 4

November 17
Group presentation 5
Review and completion

November 24
Review and Completion

December 1
Study Day

December 8
Exam

ASSIGNMENTS:

Based on your reading and discussion of *Dibs in Search of Self*, write about the ways in which Virginia Axline demonstrated the 8 principles of non-directive pl tx in her work with Dibs. Cite specific examples with page numbers. Due September 22.

Group projects will be presented to class on 11-3-04, 11-10-04, and 11-27-04. Each group will be given the case of a child with a particular difficulty/presenting problem. The group will be asked to develop and present a plan for treating the child and/or family using play therapy. The presentation should include rationale for choosing particular techniques as well as a live demonstration of the techniques used. The group members can be designated as clients or a child participant can be used.