

**UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK**

SW521 - Clinical Social Work Practice with Individuals

Course Outline

Fall 2005

Thursday Class (section 002)

Professor: Dr. Sherry Cummings

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Day: Thursdays, 9:00am-11:50

Office Hours: Tues. 12:30pm.-1:30pm
Thur.12:30pm-1:30pm

Required Texts

Beck, A., T. (1987). Cognitive therapy of depression. New York: Guildford Press (paperback)

Goldstein, E, G. (1995). Ego psychology and social work practice. New York: the Free Press

COURSE REQUIREMENTS/GRADING

The course grade will be based on student participation, a mid-term assignment, a presentation and a final paper. Students are expected to read the assigned articles/chapters thoughtfully and to come to class prepared to ask questions, make comments and add to the overall discussion. The guidelines for the presentation and paper are outlined in a separate hand-out. The description of the mid-term assignment is included at the end of this syllabus. The course grade will be computed as follows:

Class participation	10%
Midterm assignment	45%
Presentation/Final paper	45%

COURSE OUTLINE

WEEK #1 Introduction to the Course
8/25

WEEK #2 The nature of Social Work Practice - the relationship of theory to practice;

- 9/1 Feminist Theory; a feminist approach to practice
- Readings: Nes, J. & Iadicola, P. (1989). Toward a definition of feminist Social Work: A comparison of liberal, radical, and socialist models. Social Work, Jan., 12-21.
- Lundy, M. (1993). Explicitness: the unspoken mandate in feminist social work. Affilia, 8, 184-199.
- Ximena, E. (2005). Gender Matters: Working With Adult Male Survivors of Trauma. Journal-of-Counseling-and-Development, 83 (1): 29-40
- Hooks, B. (1984). Black women: Shaping feminist theory. Feminist theory from margin to center. Boston; South End Press.
- Atwood, N.C. (2001). Gender bias in families and its clinical implications for women. Social Work, 46, 23-35.
- WEEK #3**
9/8 Theoretical Models - Theoretical Models - Feminist Theory continued;
Introduction to Ego Psychology and the Psychodynamic Model (theoretical background, key concepts)
Video - “Feminist Therapy with Dr. Laura Brown”
- Readings: Goldstein - chapters 3, 4 & 5
- WEEK #4**
9/15 Theoretical Models - Psychodynamic; key concepts continued; worker/client relationship; assessment
- Readings: Goldstein - chapters 7 & 9
- WEEK #5**
9/22 Theoretical Models - Psychodynamic; treatment techniques and termination
- Readings: Goldstein - chapter 8
- Lawrence, L. (1992). “Till death do us part: The application of object relations theory to facilitate: mourning in a young widows’ group. Social Work in Health Care, 67-81
- WEEK #6**
9/29 Theoretical Models - Cognitive Therapy; the cognitive therapy model, principles of CT
- Readings: Beck, A. (1979). Cognitive Therapy of Depression - Chapter 1

Freeman, et al. (1990). Clinical applications of Cognitive Therapy. NY: Plenum Press, pp.3-24.

Dia, D. (2001). Cognitive-behavioral therapy with a six-year-old boy with separation anxiety disorder: A case study. Health & Social Work, 26, 125-128.

WEEK #7 Cognitive Therapy - Worker-client relationship; structure of therapy; assessment
10/6

Readings: Beck, A. - chapters 3, 4, & 5

WEEK #8 FALL BREAK
10/13

WEEK #9 Theoretical Models - Cognitive Therapy; Techniques for intervention; termination 10/20 and follow-up
Video - “Constructivist Cognitive-Behavioral Therapy”

Readings: Beck, A. - chapters 6,7, and 8 (* if you have time, I also recommend reading chapter 12)

MIDTERM ASSIGNMENT DUE

WEEK #10 Theoretical Models - Brief Therapies overview, Crisis Intervention
10/27

Readings: Wells, R. (1994). Short-term treatment: Overview and evidence. In R. Wells (ed.). Planned short-term therapy. NY: Free Press, pp. 1-20.

Ell, K. (1996). Crisis theory and social work practice. In F. Turner (ed.). Social Work Treatment. New York: The Free Press, pp. 168-190.

Weiss & Parish (1989). Culturally appropriate crisis counseling: Adapting an American method for use with Indochinese refugees. Social Work, 34, 252-254.

Myer & Hanna. Working in hospital emergency departments: guidelines for crisis intervention workers. In A. Rhodes (ed). Crisis Management & Brief Treatment: Theory, techniques, and applications., pp. 37-59. Chicago: Nelson-Hall

WEEK #11 Theoretical Models - Brief Therapies continued (Task Centered & Solution Focused)
11/3

Readings: Reid, W. (1996). Task-centered social work. In F. Turner (ed.). Social work

treatment. New York: The Free press, pp. 617-640.

DeSahzar et al. (1986). Brief therapy: Focused solution development. Family Process, 25, 207-221.

Greene, Lee, Trask, & Rheinscheld (2000), How to work with client's strengths in crisis intervention: A solution focused approach. In A. R. Roberts (Ed.). Crisis Intervention Handbook: Assessment, Treatment and Research pp.31-55.

WEEK #12 Solution Focus Continued

11/10 Video - "I'd Hear Laughter" - Solution-Focused Therapy with Kim Soo Berg

Readings: Lee, M. Y., Uken, A., & Sebold, J. (2004). Accountability for change: Solution-focused treatment with domestic violence offenders. Families in Society, 85 (4), 463-476.

De Jong & Kim Berg (2001). Co-constructing cooperation with mandated clients. Social Work, 46 (4), 361-372.

WEEK #13 Case Studies - Student Presentations

Final Papers Due - for those doing the final paper option

Week#14 Thanksgiving Week

11/24

Week #15 Case Studies - Student Presentations; Course Evaluations

12/1