

**UNIVERSITY OF TENNESSEE  
COLLEGE OF SOCIAL WORK**

**SW521 - Clinical Social Work Practice with Individuals**  
Course Outline  
Fall 2005

**Thursday Class (section 003)**

**Professor:** Shan Sanders-Wooley

**Day:** Thursdays, 5:30 - 8:50 pm

**Contact:** 615-351-0588

**Office Hours:** By appointment

**Required Texts**

Beck, A., T. (1987). Cognitive therapy of depression. New York: Guildford Press (paperback)

Goldstein, E. G. (1995). Ego psychology and social work practice. New York: the Free Press

**COURSE REQUIREMENTS/GRADING**

The course grade will be based on student participation, a mid-term assignment, a presentation and a final paper. Students are expected to read the assigned articles/chapters thoughtfully and to come to class prepared to ask questions, make comments and add to the overall discussion. The guidelines for the presentation and paper are outlined in a separate hand-out. The description of the mid-term assignment is included at the end of this syllabus. The course grade will be computed as follows:

Class participation	10%
Midterm assignment	45%
Presentation/Final paper	45%

**COURSE OUTLINE**

**WEEK #1** Introduction to the Course  
8/25

**WEEK #2** The nature of Social Work Practice - the relationship of theory to practice;  
9/1 Feminist Theory; a feminist approach to practice

Readings: Nes, J. & Iadicola, P. (1989). Toward a definition of feminist Social Work: A comparison of liberal, radical, and socialist models. Social Work, Jan., 12-21.

Lundy, M. (1993). Explicitness: the unspoken mandate in feminist social work.

Affilia, 8, 184-199.

Ximena, E. (2005). Gender Matters: Working With Adult Male Survivors of Trauma.

Journal-of-Counseling-and-Development, 83 (1): 29-40

Hooks, B. (1984). Black women: Shaping feminist theory. Feminist theory from margin to center. Boston; South End Press.

Atwood, N.C. (2001). Gender bias in families and its clinical implications for women. Social Work, 46, 23-35.

**WEEK #3**      Theoretical Models - Theoretical Models - Feminist Theory continued;  
9/8              Introduction to Ego Psychology and the Psychodynamic Model (theoretical background, key concepts)  
Video - A Feminist Therapy with Dr. Laura Brown@

Readings:      Goldstein - chapters 3, 4 & 5

**WEEK #4**      Theoretical Models - Psychodynamic; key concepts continued; worker/client  
9/15              relationship; assessment

Readings:      Goldstein - chapters 7 & 9

**WEEK #5**      Theoretical Models - Psychodynamic; treatment techniques and termination  
9/22

Readings:      Goldstein - chapter 8

Lawrence, L. (1992). Atill death do us part: The application of object relations theory to facilitate: mourning in a young widows= group. Social Work in Health Care, 67-81

**WEEK #6**      Theoretical Models - Cognitive Therapy; the cognitive therapy model, principles  
9/29              of CT

Readings:      Beck, A. (1979). Cognitive Therapy of Depression - Chapter 1

Freeman, et al. (1990). Clinical applications of Cognitive Therapy. NY: Plenum Press, pp.3-24.

Dia, D. (2001). Cognitive-behavioral therapy with a six-year-old boy with separation anxiety disorder: A case study. Health & Social Work, 26, 125-128.

**WEEK #7**      Cognitive Therapy - Worker-client relationship; structure of therapy; assessment  
10/6

Readings: Beck, A. - chapters 3, 4, & 5

**WEEK #8** FALL BREAK  
10/13

**WEEK #9** Theoretical Models - Cognitive Therapy; Techniques for intervention; termination 10/20 and  
follow-up  
Video - Constructivist Cognitive-Behavioral Therapy

Readings: Beck, A. - chapters 6,7, and 8 (\* if you have time, I also recommend reading chapter 12)

MIDTERM ASSIGNMENT DUE

**WEEK #10** Theoretical Models - Brief Therapies overview, Crisis Intervention  
10/27

Readings: Wells, R. (1994). Short-term treatment: Overview and evidence. In R. Wells (ed.). Planned short-term therapy. NY: Free Press, pp. 1-20.

Ell, K. (1996). Crisis theory and social work practice. In F. Turner (ed.). Social Work Treatment. New York: The Free Press, pp. 168-190.

Weiss & Parish (1989). Culturally appropriate crisis counseling: Adapting an American method for use with Indochinese refugees. Social Work, 34, 252-254.

Myer & Hanna. Working in hospital emergency departments: guidelines for crisis intervention workers. In A. Rhodes (ed). Crisis Management & Brief Treatment: Theory, techniques, and applications., pp. 37-59. Chicago: Nelson-Hall

**WEEK #11** Theoretical Models - Brief Therapies continued (Task Centered & Solution  
11/3 Focused)

Readings: Reid, W. (1996). Task-centered social work. In F. Turner (ed.). Social work treatment. New York: The Free press, pp. 617-640.

DeSahzar et al. (1986). Brief therapy: Focused solution development. Family Process, 25, 207-221.

Greene, Lee, Trask, & Rheinscheld (2000), How to work with client's strengths in crisis intervention: A solution focused approach. In A. R. Roberts (Ed.). Crisis Intervention Handbook: Assessment, Treatment and Research pp.31-55.

**WEEK #12** Solution Focus Continued  
11/10 Video - And Hear Laughter - Solution-Focused Therapy with Kim Soo Berg

Readings: Lee, M. Y., Uken, A., & Sebold, J. (2004). Accountability for change: Solution-focused treatment with domestic violence offenders. Families in Society, 85 (4), 463-476.

De Jong & Kim Berg (2001). Co-constructing cooperation with mandated clients. Social Work, 46 (4), 361-372.

**WEEK #13** Case Studies - Student Presentations  
\*\*Final Papers Due\*\* - for those doing the final paper option

**Week#14** Thanksgiving Week  
11/24

**Week #15** Case Studies - Student Presentations; Course Evaluations  
12/1