

**UNIVERSITY OF TENNESSEE  
COLLEGE OF SOCIAL WORK**

**SW521 - Clinical Social Work Practice with Individuals**

Course Outline

Fall 2006

**Thursday Night Section**

**Instructor:** Sandra J. Gonzalez, MSSW, LCSW  
**Contact:** 256-1885 (office)  
Room 263  
[sgonzale@utk.edu](mailto:sgonzale@utk.edu)

**Class time:** Thursdays, 5:30-8:20p.m.  
**Office hours:** Thursdays, 4:30 – 5:30 p.m.  
or by appointment.

**Required Texts**

Beck, A., T. (1987). Cognitive therapy of depression. New York: Guildford Press (paperback)

Goldstein, E. G. (1995). Ego psychology and social work practice. New York: the Free Press

**Supplemental Text**

Cooper, M. & Lesser, J. (2005). Clinical Social Work Practice: An Integrated Approach (2<sup>nd</sup> ed.).  
Massachusetts: Allyn & Bacon.

**COURSE REQUIREMENTS/GRADING**

The course grade will be based on quizzes, a mid-term assignment, and a presentation/final paper. Students are expected to read the assigned articles/chapters thoughtfully and to come to class prepared to ask questions, make comments and add to the overall discussion. The guidelines for the presentation and paper are outlined in a separate hand-out. The description of the mid-term assignment is included at the end of this syllabus. The course grade will be computed as follows:

Quizzes	20%
Midterm assignment	40%
Presentation/Final paper	40%

**EVALUATION PROCEDURES AND GRADES**

A (95-100) Outstanding/Superior.

Exceptional performance. Consistently exceeds expectations.

B+ (90-94) Very Good.

Student consistently meets, and occasionally exceeds, normal expectations for the course.

B (85-89) Good.

Student consistently meets normal expectations for the course.

C+ (80-84) Average

There is unevenness in grasping course content. Student is inconsistent in meeting normal expectations for the course.

C (70-76) Poor

There is lack of understanding of course content. Student does not meet course expectations.

F (69-Below) Very Poor

There is a lack of attendance or incomplete assignments. Course expectations are not met.

## COURSE OUTLINE

### **WEEK #1**

8/24      **Introduction to the Course**  
The nature of Social Work Practice - the relationship of theory to practice;  
Feminist Theory; a feminist approach to practice

Readings:    Nes, J. & Iadicola, P. (1989). Toward a definition of feminist Social Work: A comparison of liberal, radical, and socialist models. Social Work, Jan., 12-21.

                  Lundy, M. (1993). Explicitness: the unspoken mandate in feminist social work. Affilia, 8, 184-199.

                  Ximena, E. (2005). Gender Matters: Working With Adult Male Survivors of Trauma. Journal-of-Counseling-and-Development, 83 (1): 29-40

                  Hooks, B. (1984). Black women: Shaping feminist theory. Feminist theory from margin to center. Boston; South End Press.

                  Atwood, N.C. (2001). Gender bias in families and its clinical implications for women. Social Work, 46, 23-35.

### **WEEK #2**

8/31      Theoretical Models - Theoretical Models - Feminist Theory continued;  
Introduction to Ego Psychology and the Psychodynamic Model (theoretical background, key concepts)

Readings:    Goldstein - chapters 3, 4 & 5

### **WEEK #3**

9/7      Theoretical Models - Psychodynamic; key concepts continued; worker/client relationship; assessment

Readings:    Goldstein - chapters 7 & 9

### **WEEK #4**

9/14      No Class – All students are responsible for completing assignment listed below  
Watch Video - “Feminist Therapy with Dr. Laura Brown”  
Log onto Blackboard, consider questions posed, and discuss online in the discussion board

### **WEEK #5**

9/21      Theoretical Models - Psychodynamic; treatment techniques and termination

Readings:    Goldstein - chapter 8

                  Lawrence, L. (1992). “Till death do us part: The application of object relations theory to facilitate: mourning in a young widows’ group. Social Work in Health Care, 67-81

## QUIZ#1

**WEEK #6** Theoretical Models - Cognitive Therapy; the cognitive therapy model, principles of CT  
9/28

Readings: Beck, A. (1979). Cognitive Therapy of Depression - Chapter 1

Freeman, et al. (1990). Clinical applications of Cognitive Therapy. NY: Plenum Press, pp.3-24.

Dia, D. (2001). Cognitive-behavioral therapy with a six-year-old boy with separation anxiety disorder: A case study. Health & Social Work, 26, 125-128.

**WEEK #7** Cognitive Therapy - Worker-client relationship; structure of therapy; assessment  
10/5

Readings: Beck, A. - chapters 3, 4, & 5

MIDTERM ASSIGNMENT DUE

**WEEK #8** Fall Break – No Class  
10/12

**WEEK #9** Theoretical Models - Cognitive Therapy; Techniques for intervention; termination 10/19 and follow-up  
Video - “Constructivist Cognitive-Behavioral Therapy”

Readings: Beck, A. - chapters 6,7, and 8 (\* if you have time, I also recommend reading chapter 12)

## QUIZ#2

**WEEK #10** Theoretical Models - Brief Therapies overview, Crisis Intervention  
10/26

Readings: Wells, R. (1994). Short-term treatment: Overview and evidence. In R. Wells (ed.). Planned short-term therapy. NY: Free Press, pp. 1-20.

Ell, K. (1996). Crisis theory and social work practice. In F. Turner (ed.). Social Work Treatment. New York: The Free Press, pp. 168-190.

Weiss & Parish (1989). Culturally appropriate crisis counseling: Adapting an American method for use with Indochinese refugees. Social Work, 34, 252-254.

Myer & Hanna. Working in hospital emergency departments: guidelines for crisis intervention workers. In A. Rhodes (ed). Crisis Management & Brief Treatment: Theory, techniques, and applications., pp. 37-59. Chicago: Nelson-Hall

## QUIZ#3

**WEEK #11** Theoretical Models - Brief Therapies continued (Task Centered & Solution Focused)  
11/2

Readings: Reid, W. (1996). Task-centered social work. In F. Turner (ed.). Social work treatment. New

York: The Free press, pp. 617-640

DeSahzar et al. (1986). Brief therapy: Focused solution development. Family Process, 25, 207-221.

Greene, Lee, Trask, & Rheinscheld (2000), How to work with client's strengths in crisis intervention: A solution focused approach. In A. R. Roberts (Ed.). Crisis Intervention Handbook: Assessment, Treatment and Research pp. 31-55

**WEEK #12** Solution Focused Continued  
11/9 Video - "I'd Hear Laughter" - Solution-Focused Therapy with Kim Soo Berg

Readings: Lee, M. Y., Uken, A., & Sebold, J. (2004). Accountability for change: Solution-focused treatment with domestic violence offenders. Families in Society, 85 (4), 463-476.

De Jong & Kim Berg (2001). Co-constructing cooperation with mandated clients. Social Work, 46 (4), 361-372.

#### **QUIZ#4**

**WEEK #13** Case Studies – Student Presentations  
11/16 **\*\*Final Papers Due\*\*** - for those doing the final paper option

**WEEK #14** Thanksgiving Week  
11/23

**WEEK #15** Case Studies – Student Presentations; Course Evaluations  
11/30