

**UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK**

SW521 - Clinical Social Work Practice with Individuals

Course Outline

Fall 2006

Tuesday Section

Instructor: Sandra J. Gonzalez, MSSW, LCSW

Contact: 256-1885

Room 263

sgonzale@utk.edu

Class time: Tuesdays, 9:00-11:50a.m.

Office hours: Thursdays, 12:00 – 1:00 p.m.
or by appointment.

Required Texts

Beck, A., T. (1987). Cognitive therapy of depression. New York: Guildford Press (paperback)

Goldstein, E, G. (1995). Ego psychology and social work practice. New York: the Free Press

Supplemental Text

Cooper, M. & Lesser, J. (2005). Clinical Social Work Practice: An Integrated Approach (2nded.). Massachusetts: Allyn & Bacon.

COURSE REQUIREMENTS/GRADING

The course grade will be based on 4 online quizzes, a mid-term assignment, and a presentation/final paper. Students are expected to read the assigned articles/chapters thoughtfully and to come to class prepared to ask questions, make comments and add to the overall discussion. The guidelines for the presentation and paper are outlined in a separate hand-out. The description of the mid-term assignment is included at the end of this syllabus and may also be accessed via Blackboard. The course grade will be computed as follows:

Quizzes	20%
Midterm assignment	40%
Presentation/Final paper	40%

EVALUATION PROCEDURES AND GRADES

A (95-100) Outstanding/Superior.

Exceptional performance. Consistently exceeds expectations.

B+ (90-94) Very Good.

Student consistently meets, and occasionally exceeds, normal expectations for the course.

B (85-89) Good.

Student consistently meets normal expectations for the course.

C+ (80-84) Average

There is unevenness in grasping course content. Student is inconsistent in meeting normal expectations for the course.

C (70-76) Poor

There is lack of understanding of course content. Student does not meet course expectations.

F (69-Below) Very Poor

There is a lack of attendance or incomplete assignments. Course expectations are not met.

COURSE OUTLINE

WEEK #1
8/29

Introduction to the course: schedule, assignments, expectations, grading, etc.

WEEK #2
9/5

The nature of Social Work Practice - the relationship of theory to practice;
Feminist Theory; a feminist approach to practice

Readings:

Nes, J. & Iadicola, P. (1989). Toward a definition of feminist Social Work: A comparison of liberal, radical, and socialist models. Social Work, Jan., 12-21.

Lundy, M. (1993). Explicitness: the unspoken mandate in feminist social work. Affilia, 8, 184-199.

Ximena, E. (2005). Gender Matters: Working With Adult Male Survivors of Trauma. Journal-of-Counseling-and-Development, 83 (1): 29-40

Hooks, B. (1984). Black women: Shaping feminist theory. Feminist theory from margin to center. Boston; South End Press.

Atwood, N.C. (2001). Gender bias in families and its clinical implications for women. Social Work, 46, 23-35.

WEEK #3
9/12

No Class – All students are responsible for completing assignment listed below

Watch Video - “Feminist Therapy with Dr. Laura Brown”

Log onto Blackboard, consider questions posed, and discuss online in the discussion board

WEEK #4
9/19

Theoretical Models - Theoretical Models - Feminist Theory continued;

Introduction to Ego Psychology and the Psychodynamic Model (theoretical background, key concepts)

Readings:

Goldstein - chapters 3, 4 & 5

WEEK #6
9/26

Theoretical Models - Psychodynamic; key concepts continued; worker/client relationship; assessment

Readings:

Goldstein - chapters 7 & 9

WEEK #5 Theoretical Models - Psychodynamic; treatment techniques and termination
10/3

Readings: Goldstein - chapter 8

Lawrence, L. (1992). "Till death do us part: The application of object relations theory to facilitate mourning in a young widows' group. Social Work in Health Care, 67-81

QUIZ #1

WEEK #7 Theoretical Models - Cognitive Therapy; the cognitive therapy model, principles of CT
10/10

Readings: Beck, A. (1979). Cognitive Therapy of Depression - Chapter 1

Freeman, et al. (1990). Clinical applications of Cognitive Therapy. NY: Plenum Press, pp.3-24.

Dia, D. (2001). Cognitive-behavioral therapy with a six-year-old boy with separation anxiety disorder: A case study. Health & Social Work, 26, 125-128.

WEEK #8 Cognitive Therapy - Worker-client relationship; structure of therapy; assessment
10/17

Readings: Beck, A. - chapters 3, 4, & 5

MIDTERM ASSIGNMENT DUE

WEEK #9 Theoretical Models - Cognitive Therapy; Techniques for intervention; termination 10/24 and follow-up
Video - "Constructivist Cognitive-Behavioral Therapy"

Readings: Beck, A. - chapters 6,7, and 8 (* if you have time, I also recommend reading chapter 12)

QUIZ #2

WEEK #10 Theoretical Models - Brief Therapies overview, Crisis Intervention
10/31

Readings: Wells, R. (1994). Short-term treatment: Overview and evidence. In R. Wells (ed.). Planned short-term therapy. NY: Free Press, pp. 1-20.

Ell, K. (1996). Crisis theory and social work practice. In F. Turner (ed.). Social Work Treatment. New York: The Free Press, pp. 168-190.

Weiss & Parish (1989). Culturally appropriate crisis counseling: Adapting an American method for use with Indochinese refugees. Social Work, 34, 252-254.

Myer & Hanna. Working in hospital emergency departments: guidelines for crisis

intervention workers. In A. Rhodes (ed). Crisis Management & Brief Treatment: Theory, techniques, and applications., pp. 37-59. Chicago: Nelson-Hall

WEEK #11 Theoretical Models - Brief Therapies continued (Task Centered & Solution Focused)
11/6

Readings: Reid, W. (1996). Task-centered social work. In F. Turner (ed.). Social work treatment. New York: The Free press, pp. 617-640

DeSahzar et al. (1986). Brief therapy: Focused solution development. Family Process, 25, 207-221.

Greene, Lee, Trask, & Rheinscheld (2000), How to work with client's strengths in crisis intervention: A solution focused approach. In A. R. Roberts (Ed.). Crisis Intervention Handbook: Assessment, Treatment and Research pp. 31-55

QUIZ #3

WEEK #12 Solution Focused Continued

11/13

Video - "I'd Hear Laughter" - Solution-Focused Therapy with Kim Soo Berg

Readings: Lee, M. Y., Uken, A., & Sebold, J. (2004). Accountability for change: Solution-focused treatment with domestic violence offenders. Families in Society, 85 (4), 463-476.

De Jong & Kim Berg (2001). Co-constructing cooperation with mandated clients. Social Work, 46 (4), 361-372.

QUIZ #4

WEEK #13 Video - "I'd Hear Laughter," Part II

11/20

Case Studies – Student Presentations

****Final Papers Due**** - for those doing the final paper option

WEEK #14 Case Studies – Student Presentations

11/28

WEEK #15 Case Studies – Student Presentations; Course Evaluations

12/5