

**THE UNIVERSITY OF TENNESSEE  
COLLEGE OF SOCIAL WORK**

**SW-521 Clinical Social Work Practice with Individuals**  
Course Outline  
Fall 2006

Instructor: John S. Wodarski, Ph.D.  
Office: 324 Henson Hall  
Phone: 865-974-3988

**Required Texts:**

Bruce A. Thyer and John S. Wodarski (eds.) Handbook of Empirical Social Work Practice Volume 1: Mental Disorders, John Wiley and Sons, Inc., 1998.

John S. Wodarski, Lois A. Wodarski, & Catherine N. Dulmus. Adolescent Depression and Suicide: A Comprehensive Empirical Intervention for Prevention and Treatment, Charles C. Thomas, 2003.

John S. Wodarski, and Arthur Jongsma, Social Work and Human Services Planner. New York: John Wiley and Sons, 2001

**Course Requirements:**

1. Attend all scheduled classes and arrive promptly. Each absence will lower your final course grade 10 points. Two "late arrival" entries (i.e., coming to class after attendance has been taken) are equal to one absence.
2. Come to class prepared to discuss the assigned readings for that class session.
3. Participate in class discussions and exercises evidencing respect for the beliefs and experience of others.
4. Complete all written assignments by their due date; permission for late submission of assignments will be granted IF the student notifies the instructor in writing or by phone message to the College (865-974-3988) at least ONE hour prior to the date/time when the assignment is due. A penalty will be applied to the grades of assignments received after the due date.

**Course Outline:**

**Session 1:**

Syllabus and introduction to the course

**Session 2:**

Chapter 1: First Principles of Empirical Social Work Practice, Bruce A Thyer, John S. Wodarski  
-Video-

**Session 3:**

Chapter 2: Mental Retardation, John Gerdtz, Joel Bregman  
Chapter 3: Attention Deficit Hyperactivity Disorder, Martha J. Markward  
-Video-

**Session 4:**

Chapter 4: Conduct Disorder, Lisa A. Rapp, John S. Wodarski

Chapter 5: Oppression Defiant Disorder, Peter Lehmann, Richard F. Dangel

-Video-

**Session 5:**

Chapter 6: Feeding Disorders of Infancy and Early Childhood, MaryLouise E. Kerwin & Nancy Hale Sills

Chapter 7: Enuresis and Encopresis, John F. Butler & Rick L Campise

-Video-

**Session 6:**

Chapter 8: Separation Anxiety Disorder, Karen P. Sowers-Hoag & Toni M. DiDona

Chapter 9: Alcohol Abuse, Nancy J Smyth

-Video-

**Session 7:**

Chapter 10: Cocaine Abuse, Patrick S. Bordnick, Joy Schmitz & Judith R. Bordnick

Chapter 11: Opiate Abuse, Cheryl Davenport Dozier & J. Aaron Johnson

-Video-

**Session 8:**

Chapter 12: Schizophrenia, Rosemary L. Farmer, Joseph Walsh & Kia J. Bentley

Chapter 13: Major Depressive Disorder and Dysthymic Disorder, Catherine N. Dulmus & John S. Wodarski

-Video-

**Session 9:**

Chapter 14: Bipolar Disorder, Bruce Brotter, John F. Clarkin & Daniel Carpenter

Chapter 15: Panic Disorder and Agoraphobia, Joseph A Himle & Daniel J. Fischer

-Video-

**Session 10: (11/1)**

Chapter 16: Specific and Social Phobias, Joseph J. Plaud & Keith G. Vavrovsky

Chapter 17: Obsessive-Compulsive Disorder, Iris Cohen & Gail Steketee

-Video-

**Session 11:**

Chapter 18: Post-Traumatic Stress Disorder, Iris Cohen & Gail Steketee

Chapter 19: Generalized Anxiety Disorder, Robert W. McLellarn & Julie M. Rosenweig

-Video-

**Session 12:**

Chapter 20: Sexual Desire and Arousal Disorders, Sophia F. Dziegielewski & Cheryl Resnick

Chapter 21: Orgasmic Disorders, Sophia F. Dziegielewski & Cheryl Resnick

-Video-

**Session 13:**

Chapter 22: Bulimia Nervosa, Laura L. Myers

Chapter 23: Borderline Personality Disorder, Ansré Ivanoff, Marsha M. Linehan & Karrie L. Recknor

-Video-

**Session 14:**

Review

## Assignments Due

### Session 4:

Paper	Book 1 – Wodarski and Jongsma	50 points
1 page	How will I use this book?	
3 pages	Apply Treatment Planner to an individual	
1 page	What issue does the book present?	

### Session 8:

Paper	Book 2 – Wodarski, Wodarski and Dulmus	50 points
1 page	How will I use this book?	
3 pages	Apply Treatment Planner to an individual	
1 page	What issue does the book present?	

Paper of 16 pages, excluding references. Paper must include extensive, current, scholarly references. Paper must follow the 6-question format

100 points

### Final Exam

50 points

### Attendance/Class discussion

100 points

**Total Points =350**

### Grading

**A = 350-325**

**B = 324-300**

**C = 299-280**

**SW521 – Sec 007**  
**Readings and Assignments**

August

- 24 Chapter 1 First Principles of Empirical Social Work Practice
- 31 Assessment

September

- 7 Respondent & Operant
- 14 Chapter 2 Mental Retardation  
Chapter 9 Alcohol Abuse  
E-mail Chapter 1
- 21 Chapter 3 Attention Deficit Hyperactivity Disorder  
Chapter 10 Cocaine Abuse  
Chapter 11 Opiate Abuse  
E-mail Chapter 2
- 28 Chapter 4 Conduct Disorder  
Chapter 12 Schizophrenia  
E-mail Chapter 3

October

- 5 Chapter 5 Oppositional Defiant Disorder  
Chapter 13 Major Depressive Disorder and Dysthymic Disorder  
E-mail Chapter 4
- 12 Chapter 6 Feeding Disorders of Infancy and Early Childhood  
Chapter 14 Bipolar Disorder  
E-mail Chapter 5
- 19 Chapter 7 Enuresis and Encopresis  
Chapter 15 Panic Disorder and Agoraphobia  
E-mail Chapter 6
- 26 Chapter 8 Separation Anxiety Disorder  
Chapter 16 Specific and Social Phobias  
E-mail Chapter 7

November

- 2 Chapter 19 Generalized Anxiety Disorder  
Chapter 17 Obsessive-Compulsive Disorder  
E-mail Chapter 8
- 9 Chapter 20 Sexual Desire and Arousal Disorders  
Chapter 18 Post-Traumatic Stress Disorder  
E-mail Chapter 9
- 16 Chapter 21 Orgasmic Disorders  
Chapter 23 Borderline Personality Disorder  
E-mail Chapter 10
- 30 Chapter 22 Bulimia Nervosa  
Summary

## Paper Outline

1. Introduction – 2 pages
2. Client – 2 pages
3. Assessment – 2 pages
4. Worker
5. Content
6. Duration
7. Treatment Plan – 8 pages
  - A. Behavior Definition
  - B. Long-Term Goals
    1. Intervention
    2. Outcomes
    3. Goals
  - C. Short-Term outcome
    1. Intervention
8. Medications – 1 page
9. Relapse Prevention – 1 page