

**THE UNIVERSITY OF TENNESSEE  
COLLEGE OF SOCIAL WORK**

**SW503 – FOUNDATION OF SOCIAL WORK PRACTICE II**

Course Outline  
Spring 2005

Class meeting: Monday 1:00-3:50  
Telephone: 297-6421  
Credits: 3

Instructor: Rachel Cohen, MSSW  
Email: rachelcohen@bellsouth.net  
Office Hours: by appointment

**Required Texts**

Thomlison, B. (2002). *Family Assessment Handbook: An Introductory Practice Guide to Family Assessment and Intervention*. Pacific Grove, CA: Brooks/Cole.

Toseland, R.W. & Rivas, R.F. (1998). *An Introduction to Group Work Practice (3<sup>rd</sup> ed.)*. Boston: Allyn & Bacon.

McBride, J. (1996). *The Color of Water: A Black Man's Tribute to his White Mother*. New York: Riverhead Books.

**Course Requirements**

Class sessions will be used to clarify and expand on assigned course readings. A variety of learning activities (e.g., role-play, small group activities, class discussions, etc.) will be utilized to supplement the lectures and stimulate learning.

Students are expected to come to class prepared to discuss the assigned readings. Class participation is expected and the instructor reserves the right to give some weight, positive or negative, to classroom participation. Students are also expected to attend all classes.

Except in the case of a medical or personal emergency, a student who wishes an extension of time for a written assignment should consult the instructor in advance. However, an extension is not automatic and there may be a grade penalty (except in the case of an emergency).

**Evaluation Procedures and Grades**

The following scale will be used for the final course grade:

A (95-100) Outstanding/Superior.

Exceptional performance. Consistently exceed expectations.

B+ (90-94) Very Good.

Student consistently meets, and occasionally exceeds, normal expectations for the course.

B (80-89) Good.

Student consistently meets normal expectations for the course.

C+ (77-79) Average

There is unevenness in grasping course content. Student is inconsistent in meeting normal expectations for the course.

C (70-76) Poor

There is lack of understanding of course content. Student does not meet course expectations.

F (69-Below) Very Poor

There is a lack of attendance or incomplete assignments. Course expectations are not met.

Assignments:

Quizzes (5 quizzes at 10% each)	50%
Paper	40%
Class Participation	<u>10%</u>
Total	100%

## Course Outline

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Week	Date	Topic/Readings
1	1/17	No class – Martin Luther King, Jr. Holiday
2	1/24	Course overview, assignments, student expectations Understanding family centered practice <ul style="list-style-type: none"><li>• Thomlison, Chapter 1 &amp; 2, pp. 3-27</li><li>• Pinderhughes, E. (1995). Empowering diverse populations: Family practice in the 21<sup>st</sup> century. <u>Families in Society</u>, 76,3, 131-140.</li></ul>
3	1/31	A framework for practice <ul style="list-style-type: none"><li>• Thomlison, Chapter 3, pp. 29-49</li><li>• Blundo, R. (2001). Learning strengths-based practice: Challenging our personal and professional frames. <u>Families in Society: The Journal of Contemporary Human Services</u>, 82,3,296-304.</li><li>• Graybeal, C. (2001). Strengths-based social work assessment: Transforming the dominant paradigm. <u>Families in Society: The Journal of Contemporary Human Services</u>, 82,3, 233-242.</li><li>• <u>The Color of Water</u>, Chapters 1-9</li></ul>
4	2/7	Culture, diversity and family treatment <ul style="list-style-type: none"><li>* Video – Nancy Boyd Franklin</li><li>• Janzen, C. &amp; Harris, O. (1997). <u>Family Treatment in Social Work Practice</u>. Peacock Publishers: Itasca, IL. Chp. 7, Cultural Diversity in Family Treatment (p. 153-181).</li><li>• Agbayani-Siewert, P. (1994). Filipino American culture and family: Guidelines for practitioners. <u>Families in Society: The Journal of Contemporary Human Services</u>, 75,7, 429-438.</li><li>• Bean, R.A., Perry, B.J. &amp; Bedell, T.M. (2001). Developing culturally competent marriage and family therapists: Guidelines for working with Hispanic families. <u>Journal of Marital and Family Therapist</u>, 27,1, 43-54.</li><li>• Fitzgerald, M.H., Mullavey-O’Byrne &amp; Clemson, L. (2001). Families and nursing home placements: <u>A cross-cultural study</u>. <u>Journal of Cross-Cultural Gerontology</u>, 16, 333-351.</li></ul>

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### Quiz # 1

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- 5      2/14    Beginnings and assessment
- Thomlison, Chapter 4, pp. 51-73
  - Navarre, S.E. (1998). Salvador Minuchin's structural family therapy and its application to multicultural family systems. Issues in Mental Health Nursing, 19,6, 557-570.
  - The Color of Water, Chapters 10-16
- 6      2/21    Special in-class project
- The Color of Water, Chapters 17-25 and Epilogue
- 7      2/28    Assessment and intervention
- Thomlison, Chapter 5, pp. 75-86
  - Janzen, C. & Harris, O. (1997). Family Treatment in Social Work Practice. Peacock Publishers: Itasca, IL. Chp. 2, Systems and Theoretical Approaches to Family Therapy (p. 19-63).
  - Epstein, N., Schlesinger, S.E. & Dryden, W. (1988). Concepts and methods of cognitive-behavioral family treatment. In Cognitive-Behavioral Therapy with Families (pp. 5-48). New York: Brunner/Mazel, Publishers.
  - Schlesinger, S.E. (1988). Cognitive-Behavioral Approaches to Family Treatment of Addictions. N. Epstein, S.E. Schlesinger & W. Dryden (eds.). In Cognitive-Behavioral Therapy with Families (pp. 254-291). New York: Brunner/Mazel, Publishers.
  - Strom, R.D. & Strom, S.K. (2000). Meeting the challenge of raising grandchildren. International Journal of Aging and Human Development, 51,3, 183-198.

### **Quiz # 2**

- 8      3/7      Generalist Practice with Special Populations
- Janzen, C. & Harris, O. (1997). Family Treatment in Social Work Practice. Peacock Publishers: Itasca, IL. Chp. 9, Gay and Lesbian Couples and Families (p. 203-221).
  - Elza, D.E. (2003). Gay, lesbian and bisexual youths' perceptions of their high school environments and comfort in school. Children & Schools, 25,4, 225-239.
  - LasSala, M.C. (2001). Monogamous or not: Understanding and counseling gay male couples. Families in Society: The Journal of Contemporary Human Services,82,6, 605-611.
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- Hammelman, T.L. (1993). Gay and lesbian youth: Contributing factors to serious attempts or considerations of suicide. Journal of Gay & Lesbian Psychotherapy, 2,1, 77-89.

### Quiz # 3

9            3/14    Understanding social work practice with groups

- Ch. 1 & 3, Toseland & Rivas
- Wituk, S., Shepherd, M.D., Slavich, S., Warren, M.L. & Meissen, G. (2000). A topography of self-help groups: An empirical analysis. Social Work, 45,2, 157-165.
- Congress, E. & Lynn, M. (1994). Group work programs in public schools: Ethical dilemmas and cultural diversity. Social Work in Education, 16,2, 107-114.

### \*PAPER DUE!!

10           3/21    Spring Break, no class

11           3/28    Understanding social work practice with groups

- Ch. 1 & 3, Toseland & Rivas
- Wituk, S., Shepherd, M.D., Slavich, S., Warren, M.L. & Meissen, G. (2000). A topography of self-help groups: An empirical analysis. Social Work, 45,2, 157-165.
- Congress, E. & Lynn, M. (1994). Group work programs in public schools: Ethical dilemmas and cultural diversity. Social Work in Education, 16,2, 107-114.

### \*PAPER DUE!!

12           4/4     Beginning stage of group practice

- Ch. 4,5,6 & 8, Toseland & Rivas
- Malekoff, A. (2001). The power of group work with kids: A practitioner's reflection on strengths-based practice. Families in Society: The Journal of Contemporary Human Services, 82,3, 243-249.
- Cummings, S.M., Long, J.K. & Person-Hazan (1998). The efficacy of a group treatment model in helping spouses meet the emotional and practical challenges of early stage caregiving. Clinical Gerontologist, 20,1 29-44.

### Quiz # 4

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- 13      4/11      Middle stage of group practice
- Ch. 8-11, Toseland & Rivas
  - Pinto, R.M. (2000). HIV prevention for adolescent groups: A six step approach. Social Work with Groups, 23,3, 81-99.
  - Nicholson, B.L. & Kay, D.M. (1999). Group treatment of traumatized Cambodian women: A culture-specific approach. Social Work,44,5, 470-479.

- 14      4/18      Ending stage of group practice & Case coordination/case management
- Ch, 13-15, Toseland & Rivas
  - Birnbaum, M. & Cicchetti, A. (2000). The power of purposeful sessional endings in each group encounter. Social Work with Groups, 23,3, 37-52.
  - Rothman, J. (1991). A model of case management: Toward empirically based practice. Social Work, 36,6.
  - Reamer, F. (1997). Managing ethics under managed care. Families in Society, 78,1, 96-101.

**Quiz # 5**

- 15      4/25      Course Review
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Bibliography:  
Additional Suggested Readings for SW503 Practice 2

Abramson, J., & Mizrahi, T. 1996. When social workers and physicians collaborate: Positive and negative interdisciplinary experiences. Social work, 41 (3), 270-281.

Applewhite, S. 1995. Curanderismo: Demystifying the health beliefs and practices of elderly Mexican Americans. Health and Social Work, 20(4), 247-253.

Beckett, J., Dungee-Anderson, D., Cox, L. & Daly, A. (1997). African Americans and multicultural interventions. Smith College Studies in Social Work, 67,3, 550-563.

Congress, E.P., & Lyons, B.P., 1992. Cultural differences in health beliefs: Implications for social work practice in health care settings. Social Work in Health Care. 17(3), 81-96.

Dykeman, C., Nelson, J., & Appleton, V., 1995. Building strong working alliances with American Indian families. Social Work in Education. 17(30, 148154).

Fang, S.R.S. & Wark, L. (1998). Developing cross-cultural competence with traditional Chinese-American in family therapy: Background information and the initial therapeutic contact. Contemporary Family Therapy, 20,1, 59-77.

Fong, L.G.W., & Gibbs, J.T. 1995. Facilitating services to multicultural communities in a dominant culture setting: An organizational perspective. Administration in Social Work, 19(2), 1-24.

Gowdy, E., & Pearlmutter, S. 1994. Economic self-sufficiency is a road I'm on: The results of focus group research with low-income women. In building on Women's Strengths: A Social Work Agenda for the Twenty-first Century, edited by L. Davis, 81-113. New York: The Haworth Press.

Janzen, C. & Harris, O. (1968). Family Treatment in Social Work Practice. Chp. 3, The social worker's approach to family treatment.

Kinney, J. et al. (1990). The homebuilders model. In J.K. Whittaker et al. (Eds.) Reaching High Risk Families (p. 31-64).

Mancoske, R., & Hunzeker, J. 1994. Advocating for community services coordination: An empowerment perspective for planning AIDS services. Journal of Community Practice, 1(3), 49-59.

Matthews, L. 1996. Culturally competent models in human services organizations. The Haworth Press. 131-135.

McClelland, R.W. & Austin, C.D. (1996). Practice dilemmas and policy implications in case management. In C.D. Austin & R.W. McClelland (Eds.). Perspectives on Case Management. (p. 257-278).

Rounds, K., et al. 1994. Practice with culturally diverse families of young children with disabilities. Families in Society: The Journal of Contemporary Human Services, January 3-15.

Sunley, R. 1997. Advocacy in the new world of managed care. Families in Society: The Journal of Contemporary Human Services. January/February, 84-93.

Swignoski, M. 1996. Challenging privilege through Africentric social work practice. Social Work, 41(2), 153-161.

Weick, A. & Saleeby, D. (1995). Supporting family strengths: Orienting policy and practice toward the 21<sup>st</sup> century. Family in Society, 76,3, 141-149

Wesley, C. 1996. Social work and end -of-life decisions: Self-determination and the common good. Health and Social Work, 21(2), 115-121.