

**UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK**

**SW-564: Substance Abuse
Course Outline**

Summer Session 1 6/2/04-7/1/04
Tuesdays & Thursdays 5:30-8:30

Instructor: Michael Sullivan, Ph.D.
Phone – 901 448-4475 or E-mail— msulliv3@utk.edu

Assigned Text

McNeece, C. A. & DiNitto, D. M. (1994). Chemical dependency: A systems approach. Englewood Cliffs, NJ: Prentice-Hall.

COURSE OUTLINE

6-1-04 INTRODUCTIONS & REVIEW OF SYLLABUS

Addiction counseling competencies: The knowledge, skills, and attitudes of professional practice.

<http://www.treatment.org/taps/tap21/TAP21Toc.html>

Definitions and Epidemiology of Alcoholism and Drug Addiction.
The Etiology of Addiction Becoming Addicted.

Video: Portrait of addiction [videorecording] / produced and directed by Amy Schatz ; a production of Public Affairs Television ; a presentation of Thirteen/WNET New York

6-3-04 MODELS FOR CONCEPTUALIZING SUBSTANCE ABUSE

McNeece & DiNitto Text Chapters 1-3:

Miller & Kurtz, (1991) Models of alcoholism used in treatment: Contrasting AA and other perspectives with which it is often confused

Video: Battling cocaine and heroin addiction [videorecording] : an interdisciplinary approach to a persistent problem / Warren K. Secaucus, N.J. : Network for Continuing Medical Education, c1999

6-8-04 HARM REDUCTION APPROACH TO POLICY AND PRACTICE

Des Jarlais, 1995; Harm reduction: a framework for incorporating science into drug policy

Drucker, 1995; Harm reduction: a public health strategy

MacMaster, 2001; Harm Reduction: Moving beyond an abstinence-only orientation for social workers working in substance abuse.

McCafferty, 2000 Decriminalizing drugs is wrong: Why wreck more lives with drug abuse?

6-10-04 ISSUES OF CULTURAL COMPETENCY-RACE/ETHNICITY & GENDER IN SCREENING, ASSESSMENT AND DIAGNOSIS

McNeece & DiNitto Text Chapters 5, 11 and 15.

Gender and Drugs: Fact, Fiction and Unanswered Questions Ethnicity, Culture and Substance Abuse Screening, Diagnosis, Assessment and Referral

Burston, Jones and Roberson-Saunders, 1995 Drug Use and African Americans: Myths and Reality

6-15-04 STAGES OF CHANGE/MOTIVATIONAL ENHANCEMENT THERAPY (MET)

Prochaska, DiClemente & Norcross, 1992; In search of how people change

Miller & Rollnick, 1992 Motivational interviewing: Preparing people to change addictive behavior.

Miller, 1999 Enhancing motivation for change in substance abuse treatment

Debate team 1

6-17-04 APPROACHES WITH ADOLESCENTS AND CHILDREN

McNeece & DiNitto Text Chapter 9; Treating Chemically Dependent Adolescents and Children

Screening and assessing adolescents for substance use disorders.

<http://www.health.org/govpubs/BKD306/index.htm>

Treatment of adolescents with substance use disorders

<http://www.health.org/govpubs/BKD307/index.htm>

Debate team 2

6-22-04 THE IMPACT OF HIV/AIDS AND HEPATITIS-C ON SUBSTANCE ABUSE POLICY AND PRACTICE

Health emergency 2001: The spread of drug-related AIDS and Hepatitis C among African Americans and Latinos

<http://www.dogwoodcenter.org/2001/HE2001.html>

The Dogwood Center Website: www.dogwoodcenter.org

Debate team 3

6-24-04 THE 12-STEP APPROACH

McNeece & DiNitto Text Pages 151-156;

Self Help Groups, Section in Chapter Treatment—System of Care NA & AA texts;

Holleran and MacMaster, 2001; Cultural Competent Practice with 12-Step Groups

Debate team 4

6-29-04 THE INTEGRATED APPROACH WITH INDIVIDUALS WITH CO-OCCURRING MENTAL HEALTH DISORDERS

McNeece & DiNitto Text Chapter 13; Compounding the Problem: Substance abuse and other disabilities

Singer, Kennedy & Kola, 1998; A conceptual model for co-occurring mental and substance-related disorders

Ries, 1994; Assessment and treatment of patients with coexisting mental illness and alcohol and other drug abuse.

<http://www.health.org/govpubs/bkd134/>

Debate team 5

7-1-04 FAMILY SYSTEMS APPROACHS

McNeece & DiNitto Text Chapter 10; Family Systems and Chemical Dependency

Cognitive Behavioral Approach & Relapse Prevention

Carrol, 1998; A cognitive-behavioral approach: Treating cocaine addiction.

<http://www.nida.nih.gov/TXManuals/CBT/CBT1.html>

McNeece & DiNitto Text Chapter 7; Preventing Alcohol and Drug Problems

ASSIGNMENTS & GRADING

Assignments

Attendance represents 10% of your grade.

Assignment 1 Reading (10%)

Assignment 2 Assessment Paper (30%)

Assignment 3 Debate (25%)

Assignment 4 Final Paper (25%) (see option for students with high grade scores)

Assignments are described more fully below.

The Grading Scale

A (93-100) Outstanding/Superior

Exceptional performance; consistently exceeds all expectations

B+ (88-92) Very Good-Student consistently meets, and occasionally exceeds, normal expectations for the course.

B (80-87) Good- Student consistently meets normal expectations for the course.

C+ (77-79) Average- There is unevenness in grasping course content. Student is inconsistent in meeting normal expectations for the course.

C (70-76) Poor- There is lack of understanding of course content. Student does not meet course expectations.

F (69-Below) Very Poor- There is a lack of attendance or incomplete assignments.

Course expectations are not met.

Attendance, Deadlines & Originality of Work

Every student is expected to attend every class. If you are unable to attend class, please let me know in advance. **Attendance represents 10 points of your grade.**

Assignment 1

You will pick a *alcohol alert* assigned reading and briefly present the topic to the class including the implications if any for practice, and field questions at end. This assignment represents **10 points** of your grade.

Assignment 2

In the first assignment you will be asked to visit one self-help group. After attending the meeting you are asked to write a brief assessment and treatment plan (3-4 pages) based on a real or hypothetical client. The assessment should be divided into several sections: Client history- family history, environmental factors, substance abuse history, diagnosis, MSE, strengths, treatment recommendations including target problems, intervention type, intervention duration, relapse prevention techniques and clinical measurement approaches. This assignment represents **30 points** of your grade and needs to be emailed to me by the due date. No hard copies accepted. (due 6/15/04)

Assignment 3

In this assignment you will work in a group with four other students. You are asked in this assignment to debate a counseling approach assigned to your group. First you will provide a brief outline of the approach and then 2 of you will debate the other two regarding the approach so 2 will be in favor of the counseling approach and two will be contrary to the counseling approach. This assignment represents **25 points** of your grade and a sign-up sheet will be provided. Individual grades are assigned based on verbal participation, 5 points, imparting topic content, 5 points, insightful, thoughtful articulation of the material 5 points, and ability to engage the audience 5 points in discussion and quality of handouts 5 points. (See syllabus for dates)

Assignment #4

Final Paper **25 points due 6/29/04**. **Note:** *Students with scores above 65 (no exceptions) can exempt themselves from the paper and take the average of their current points (65-75/3) as their exam grade.*

In this paper you are to examine an area of substance abuse treatment of interest to you. This is an opportunity to develop specialized knowledge about a particular area of substance abuse treatment. Topics might include, but are not limited to, the efficacy of partial hospitalization treatment, treatment of cocaine addicted mothers, outpatient treatment of adolescents, prison addiction treatment, or treatment of individuals with dual diagnoses, 12 step treatment programs without counseling interventions, Fetal alcohol syndrome and self determination, Treatment of special populations i.e. gay/lesbian, ethnic minorities, etc. Other topics are encouraged.

The paper should include the following:

1. a biopsychosocial description of the problem or population including recent research findings,

2. a discussion of the social impact of the problem or population (why is this population or problem important?)
3. a review of treatment methods with special attention paid to empirical evaluations of treatment outcomes, individualization of the treatment process, ethical issues relevant to the problem or population, and special family issues, including issues of relapse, addiction prevention, and program planning problem or population.

Criteria for evaluation of papers will include clarity, organization, synthesis of material, and overall mastery of content. A good organization of your paper will enhance your grade. The introduction section should outline what will be covered in the paper. Use subheadings to direct the reader in the body of the paper. Summarize your conclusions at the end. The paper must be typed and references (8 minimum) must be in APA format. The length should be 8-12 pages and it may be turned in any time. It must be submitted no later than class time on 6/29/04.

READING LIST

Alcoholics Anonymous. (1976). Alcoholics anonymous, AA World Service: New York, NY.

Carrol, K. (1998). A cognitive-behavioral approach: Treating cocaine addiction. Washington, DC: National Institute on Drug Abuse

CSAT (1999) Screening and assessing adolescents for substance use disorders. Treatment Improvement Protocol Series 31. Washington, DC: DHHS.

CSAT (1998) Addiction counseling competencies: The knowledge, skills, and attitudes of professional practice. Treatment Assistance Publication, 21. Washington, DC: DHHS.

CSAT (1999) Treatment of adolescents with substance use disorders. Treatment Improvement Protocol Series 32. Washington, DC: DHHS.

Des Jarlais, D. (1995). Harm reduction: a framework for incorporating science into drug policy. American journal of public health, 85, 10-12.

Dimeff, L. & Marlatt, A. (1995). Relapse prevention. In R. Hester & W. Miller, (Eds.), Handbook of alcoholism treatment approaches, (pp. 176-194). Boston, MA: Allyn and Bacon.

Sullivan, M. & Risler, E. (2002). Understanding college alcohol abuse and academic performance: Selecting appropriate intervention strategies. *Journal of College Counseling* 5 (2) .

Hurt, R.D., Offord, K.P., Croghan, I.T. (1996). Mortality following inpatient addictions treatment. *Journal of the american medical association*, 275, 1097-1103.

MacMaster, S.A. (In Press). Harm Reduction: Moving beyond an abstinence-only orientation for social workers working in substance abuse. *Social Work*

Holleran, L., & MacMaster, S.A. (Under Review). Cultural Competent Practice with 12-Step Groups. *Social Work*.

McNeece, C. A. & DiNitto, D. M. (1994). *Chemical dependency: A systems approach*. Englewood Cliffs, NJ: Prentice-Hall.

Miller, W., & Rollnick, S. (1991). *Motivational interviewing: Preparing people to change addictive behavior*. New York: Guilford Press.

Miller, W.R. & Kurtz, E. (1994). Models of alcoholism used in treatment: Contrasting AA and other perspectives with which it is often confused. *Journal of studies on alcohol*, 55, 159-166.