

**THE UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK**

SW532 - Short Term Interventions

Course Outline

Fall 2007

Instructor:	Renee L. Brotherton, L.C.S.W.	Class Time: Tues., 130pm – 430pm
Phone:	901-489-2664	Email: rbrothe1@comcast.net
Office:	901-324-7529	Office Hours: By Appt.

Course Design:

This course is designed as a traditional classroom learning environment. Attendance at all class meetings is required and absences need to be cleared with the teacher either before or after (in the case of an emergency). The class will meet a total of 15 times between Tuesday, August 28, 2007 and Tuesday, December 4th.

Required Texts:

Miller, W.R. & Rollnick, S. (2002). *Motivational Interviewing: Preparing people for change* (2nd ed.). New York: Guilford Press. Also articles and book chapters listed here and on reserve.

Course Requirements:

Quizzes (2 x 10% apiece): A total of 2 quizzes will be administered throughout the semester. These quizzes will be derived from that week's readings and will not be cumulative.

Class Discussion: (30%): The purpose of class discussion is to provide students with an opportunity to reflect on and respond to issues raised by the weekly readings. The instructor will expect everyone to participate in class discussion, make comments and ask questions that will demonstrate a familiarity with the weekly reading assignments and how they apply to the concepts of Motivational Interviewing, Brief Therapy and Short Term Intervention.

Role Play/Learning Reflections (20%): Students will be given information during class that will structure their reflection by using brief role plays relevant to the reading material up to that class date. This miniassignment will be graded according to how well the student demonstrates their knowledge of the concepts taught in class and in the readings.

Motivational Interviewing Role Play (30%): In pairs, students will conduct mock motivational, solution focused therapy representing any session during a brief therapy intervention. These interviews should demonstrate knowledge of Motivational Interviewing, Brief Therapy and Solution Focused treatment. Included with the submission of the role play will be a short worksheet, distributed in class, detailing the concept and interventions learned in readings and class discussions that were demonstrated in their role play. Interviews should take about 20 minutes.

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Week 1:

Topic: Course Introduction August 28

Introduce ourselves, go over syllabus, assignments and questions from students. Brief discussion of what “Short Term Intervention/ Brief Therapy/Solution Focused Therapy mean. Explore the Politics of Third Party Reimbursement.

Week 2:

Topic: What is Short Term Intervention? September 4

Readings: Miller & Rollnick – Chapter 16: The efficacy of Motivational interviewing and its Applications, pp. 217-250.

De Shazer Words were originally magic
Chapter 1: “Nothing...But an Interchange of words”
pp. 3-10. On reserve.

Week 3

Topic: Understanding Change September 11

Readings: Miller & Rollnick – Chapter 1: Why do people change?
pp. 3-12.

Miller & Rollnick - Chapter 15: Motivational Interviewing and the stages of Change, pp.201-216

De Shazer Words Were Originally Magic
Chapter 4: Getting to the Surface Of The Problem pp. 29-39

Week 4

Topic: What is Motivational Interviewing 9/18.

Readings: Miller & Rollnick - Chapter 2: Ambivalence: The Dilemma of change, pp. 13-19

Chapter 3: Facilitating Change, pp. 20-32.

Chapter 4: What is motivational Interviewing, pp. 33-42

QUIZ

Week 5

Topic: Building Motivation for Change September 25

Readings: De Shazer -

Chapter 8: Getting to the
“Problems” of the Surface
pp. 91-108.

Miller & Rollnick -

Chapter 5: Change and
Resistance: Opposite sides
of the same coin, pp. 43-51

Week 6

Topic: Building Motivation for Change cont'd 10/2

Readings: Article. Peake, T.H. and Ball, J. D.

Psychotherapy in Private Practice

Vol.5(4), Winter 1987 **RESERVED**

“Brief Psychotherapy:
Planned Therapeutic Change for
Changing Times”.
pp. 53-63.

Miller & Rollnick -

Chapter 7: Responding to
Change Talk, pp. 85-97

Chapter 8: Responding to
Resistance, pp. 98-110

Week 7

Topic: Confidence for and Commitment to change 10/9

Readings: Miller & Rollnick -

Chapter 9: Enhancing
confidence, pp. 111-125

Chapter 10: Phase 2:
Strengthening commitment to
Change, pp. 126-139

Mini-assignment role play

Week 8

Topic: Ethical Considerations 10/16

Readings: Miller & Rollnick -

Chapter 12: Ethical
Considerations, pp. 161-178

QUIZ

Week 9

Topic: Putting It All Together 10/23

Readings: Readings: Miller & Rollnick- Chapter 11: A practical
case example, pp.140-160

Article. Taylor, Lance

Journal of Family
Psychotherapy Vol. 16
No. ½, 2005, pp.27-33.
“ A Thumbnail Map for

