

**THE UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK**

SW503 – FOUNDATIONS OF SOCIAL WORK PRACTICE II

Course Outline
Spring 2007

Sections 001 and 002

Instructor: Sandra J. Gonzalez, MSSW, LCSW
Class time: Monday, 9:00 – 11:50 a.m.; 1:00 – 3:50 p.m.
Office hours: Monday, 4:00 – 5:00 p.m.

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E-mail: sgonzale@utk.edu
Office: Room 263

Required Texts

Thomlison, B. (2002). *Family Assessment Handbook: An Introductory Practice Guide to Family Assessment and Intervention*. Pacific Grove, CA: Brooks/Cole.

Toseland, R.W. & Rivas, R.F. (1998). *An Introduction to Group Work Practice (3rd ed.)*. Boston: Allyn & Bacon.

Course Requirements

Class sessions will be used to clarify and expand on assigned course readings. A variety of learning activities (e.g., role-play, small group activities, class discussions, etc.) will be utilized to supplement the lectures and stimulate learning.

Students are expected to come to class prepared to discuss the assigned readings. Class participation is expected and the instructor reserves the right to give some weight, positive or negative, to classroom participation. Students are also expected to attend all classes. Except in the case of a medical or personal emergency, a student who wishes an extension of time for a written assignment should consult the instructor in advance. However, an extension is not automatic and there may be a grade penalty (except in the case of an emergency).

Evaluation Procedures and Grades

A (95-100) Outstanding/Superior.

Exceptional performance. Consistently exceed expectations.

B+ (90-94) Very Good.

Student consistently meets, and occasionally exceeds, normal expectations for the course.

B (85-89) Good.

Student consistently meets normal expectations for the course.

C+ (80-84) Average

There is unevenness in grasping course content. Student is inconsistent in meeting normal expectations for the course.

C (70-79) Poor

There is lack of understanding of course content. Student does not meet course expectations.

F (70-Below) Very Poor

There is a lack of attendance or incomplete assignments. Course expectations are not met.

Assignments

Quizzes (5 quizzes at 10% each)	50%
Paper	40%
Class Participation	10%
Total	100%

Course Outline

Week	Date	Topic/Readings
1	1/15	No class – Martin Luther King, Jr. Holiday
2	1/22	Course overview, assignments, student expectations Context of Social Work Practice with Families and Small Groups <ul style="list-style-type: none">• Thomlison, Chapter 1• Pinderhughes, E. (1995). Empowering diverse populations: Family practice in the 21st century. <i>Families in Society</i>, 76,3, 131-140.
3	1/29	Understanding family centered practice <ul style="list-style-type: none">• Thomlison, Chapter 2• Blundo, R. (2001). Learning strengths-based practice: Challenging our personal and professional frames. <i>Families in Society: The Journal of Contemporary Human Services</i>, 82,3,296-304.• Graybeal, C. (2001). Strengths-based social work assessment: Transforming the dominant paradigm. <i>Families in Society: The Journal of Contemporary Human Services</i>, 82,3, 233-242.
4	2/5	A framework for practice <ul style="list-style-type: none">• Chapter 3
5	2/12	Culture, diversity and family treatment * Video – Nancy Boyd Franklin <ul style="list-style-type: none">• Janzen, C. & Harris, O. (1997). <i>Family Treatment in Social Work Practice</i>. Peacock Publishers: Itasca, IL. Chp. 7, Cultural Diversity in Family Treatment (p. 153-181).• Agbayani-Siewert, P. (1994). Filipino American culture and family: Guidelines for practitioners. <i>Families in Society: The Journal of Contemporary Human Services</i>, 75,7, 429-438.• Bean, R.A., Perry, B.J. & Bedell, T.M. (2001). Developing culturally competent marriage and family therapists: Guidelines for working with Hispanic families. <i>Journal of Marital and Family Therapist</i>, 27,1, 43-54.• Fitzgerald, M.H., Mullavey-O'Byrne & Clemson, L. (2001). Families and nursing home placements: A cross-cultural study. <i>Journal of Cross-Cultural Gerontology</i>, 16, 333-351.

Quiz # 1

6	2/19	Theoretical Approaches in Family Treatment <ul style="list-style-type: none">• Janzen, C. & Harris, O. (1997). <i>Family Treatment in Social Work Practice</i>. Peacock Publishers: Itasca, IL. Chp. 2, Systems and Theoretical Approaches to Family Therapy (p. 19-63).
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- 7 2/26 Beginnings and assessment
- Thomlison, Chapter 4, pp. 51-73
 - Navarre, S.E. (1998). Salvador Minuchin's structural family therapy and its application to multicultural family systems. *Issues in Mental Health Nursing*, 19,6, 557-570.
- 8 3/5 Assessment and intervention
- Thomlison, Chapter 5, pp. 75-86
 - Epstein, N., Schlesinger, S.E. & Dryden, W. (1988). Concepts and methods of cognitive behavioral family treatment. In *Cognitive-Behavioral Therapy with Families* (pp. 5-48). New York: Brunner/Mazel, Publishers.
 - Schlesinger, S.E. (1988). Cognitive-Behavioral Approaches to Family Treatment of Addictions. N. Epstein, S.E. Schlesinger & W. Dryden (eds.). In *Cognitive-Behavioral Therapy with Families* (pp. 254-291). New York: Brunner/Mazel, Publishers.
 - Strom, R.D. & Strom, S.K. (2000). Meeting the challenge of raising grandchildren. *International Journal of Aging and Human Development*, 51,3, 183-198.

Quiz # 2

- 9 3/12 Spring Break – No class
- 10 3/19 Generalist Practice with Special Populations
- Janzen, C. & Harris, O. (1997). *Family Treatment in Social Work Practice*. Peacock Publishers: Itasca, IL. Chp. 9, Gay and Lesbian Couples and Families (p. 203-221).
 - Elza, D.E. (2003). Gay, lesbian and bisexual youths' perceptions of their high school environments and comfort in school. *Children & Schools*, 25,4, 225-239.
 - LasSala, M.C. (2001). Monogamous or not: Understanding and counseling gay male couples. *Families in Society: The Journal of Contemporary Human Services*, 82,6, 605-611.
 - Hammelman, T.L. (1993). Gay and lesbian youth: Contributing factors to serious attempts or considerations of suicide. *Journal of Gay & Lesbian Psychotherapy*, 2,1, 77-89.

Quiz # 3

- 11 3/26 Understanding social work practice with groups
- Ch. 1 & 3, Toseland & Rivas
 - Wituk, S., Shepherd, M.D., Slavich, S., Warren, M.L. & Meissen, G. (2000). A topography of self- help groups: An empirical analysis. *Social Work*, 45,2, 157-165.
 - Congress, E. & Lynn, M. (1994). Group work programs in public schools: Ethical dilemmas and cultural diversity. *Social Work in Education*, 16,2, 107-114.

***Paper due**

- 12 4/2 NASW Legislative Conference – No Class
- 13 4/9 Understanding social work practice with groups
- Ch. 1 & 3, Toseland & Rivas
 - Wituk, S., Shepherd, M.D., Slavich, S., Warren, M.L. & Meissen, G. (2000). A topography of self- help groups: An empirical analysis. *Social Work*, 45,2, 157-165.
 - Congress, E. & Lynn, M. (1994). Group work programs in public schools: Ethical dilemmas and cultural diversity. *Social Work in Education*, 16,2, 107-114.
- Beginning stage of group practice
- Ch. 4,5,6 & 8, Toseland & Rivas

- Malekoff, A. (2001). The power of group work with kids: A practitioner's reflection on strengths-based practice. *Families in Society: The Journal of Contemporary Human Services*, 82,3, 243-249.
- Cummings, S.M., Long, J.K. & Person-Hazan (1998). The efficacy of a group treatment model in helping spouses meet the emotional and practical challenges of early stage caregiving. *Clinical Gerontologist*, 20,1 29-44.

Quiz # 4

- 14 4/16 Middle stage of group practice
- Ch. 8-11, Toseland & Rivas
 - Pinto, R.M. (2000). HIV prevention for adolescent groups: A six step approach. *Social Work with Groups*, 23,3, 81-99.
 - Nicholson, B.L. & Kay, D.M. (1999). Group treatment of traumatized Cambodian women: A culture-specific approach. *Social Work*,44,5, 470-479.
- 15 4/23 Ending stage of group practice & Case coordination/case management
- Ch, 13-15, Toseland & Rivas
 - Birnbaum, M. & Cicchetti, A. (2000). The power of purposeful sessional endings in each group encounter. *Social Work with Groups*, 23,3, 37-52.
 - Rothman, J. (1991). A model of case management: Toward empirically based practice. *Social Work*, 36,6.
 - Reamer, F. (1997). Managing ethics under managed care. *Families in Society*, 78,1, 96-101.

Quiz # 5

Bibliography

Additional Suggested Readings for SW503 – Foundations of Social Work Practice II

- Abramson, J., & Mizrahi, T. 1996. When social workers and physicians collaborate: Positive and negative interdisciplinary experiences. *Social work*, 41 (3), 270-281.
- Applewhite, S. 1995. Curanderismo: Demystifying the health beliefs and practices of elderly Mexican Americans. *Health and Social Work*, 20(4), 247-253.
- Beckett, J., Dungee-Anderson, D., Cox, L. & Daly, A. (1997). African Americans and multicultural interventions. *Smith College Studies in Social Work*, 67,3, 550-563.
- Congress, E.P., & Lyons, B.P., 1992. Cultural differences in health beliefs: Implications for social work practice in health care settings. *Social Work in Health Care*. 17(3), 81-96.
- Dykeman, C., Nelson, J., & Appleton, V., 1995. Building strong working alliances with American Indian families. *Social Work in Education*. 17(30, 148154).
- Fang, S.R.S. & Wark, L. (1998). Developing cross-cultural competence with traditional Chinese-American in family therapy: Background information and the initial therapeutic contact. *Contemporary Family Therapy*, 20,1, 59-77.
- Fong, L.G.W., & Gibbs, J.T. 1995. Facilitating services to multicultural communities in a dominant culture setting: An organizational perspective. *Administration in Social Work*, 19(2), 1-24.

- Gowdy, E., & Pearlmutter, S. 1994. Economic self- sufficiency is a road I'm on: The results of focus group research with low-income women. In *Building on Women's Strengths: A Social Work Agenda for the Twentyfirst Century*, edited by L. Davis, 81-113. New York: The Haworth Press.
- Janzen, C. & Harris, O. (1968). *Family Treatment in Social Work Practice*. Chp. 3, The social worker's approach to family treatment.
- Kinney, J. et al. (1990). The homebuilders model. In J.K. Whittaker et al. (Eds.) *Reaching High Risk Families* (p. 31-64).
- Mancoske, R., & Hunzeker, J. 1994. Advocating for community services coordination: An empowerment perspective for planning AIDS services. *Journal of Community Practice*, 1(3), 49-59.
- Matthews, L. 1996. *Culturally competent models in human services organizations*. The Haworth Press. 131-135.
- McClelland, R.W. & Austin, C.D. (1996). Practice dilemmas and policy implications in case management. In C.D. Austin & R.W. McClelland (Eds.). *Perspectives on Case Management*. (p. 257-278).
- Rounds, K., et al. 1994. Practice with culturally diverse families of young children with disabilities. *Families in Society: The Journal of Contemporary Human Services*, January 3-15.
- Sunley, R. 1997. Advocacy in the new world of managed care. *Families in Society: The Journal of Contemporary Human Services*. January/February, 84-93.
- Swignoski, M. 1996. Challenging privilege through Africentric social work practice. *Social Work*, 41(2), 153-161.
- Weick, A. & Saleeby, D. (1995). Supporting family strengths: Orienting policy and practice toward the 21st century. *Family in Society*, 76,3, 141-149
- Wesley, C. 1996. Social work and end -of-life decisions: Self-determination and the common good. *Health and Social Work*, 21(2), 115-121.