

**THE UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK**

**SW 538 Social Work Practice with At-Risk Populations (2 credits)
Spring 2009
Wednesday 12:40-4:40 PM (First Session)
206 Henson Hall**

Instructor: William R. Nugent, Ph.D.
Office: 208 Henson Hall
Phone: (865) 974-3805
Email: wnugent@utk.edu

Code of Conduct

It is the student's responsibility to have read the College of Social Work Ethical Academic and Professional Conduct code that is in the College of Social Work MSSW Handbook. (www.csw.utk.edu).

The Honor Statement

An essential feature of The University of Tennessee is a commitment to maintaining an atmosphere of intellectual integrity and academic honesty. As a student of the University, I pledge that I will neither knowingly give nor receive any inappropriate assistance in academic work, thus affirming my own personal commitment to honor and integrity (*Hilltopics*, 2008).

Disability

If you need course adaptations or accommodations because of a documented disability or if you have emergency information to share, please contact The University of Tennessee Office of Disability Services at 2227 Dunford Hall (865-974-6087). This will ensure that you are properly registered for services.

Course Description

This is a required foundation course. This course provides in-depth study of evidence-informed and evidenced-based practice models with at-risk populations. Assessment and interventions focus on individuals, groups, families, and communities

Course Rationale

This is a 2 credit course that builds on the foundation introductory practice course in applying generalist practice to complex social problems and issues. Knowledge, values, and skills in advocacy and evidence-based intervention methods for practice with individuals, small groups, and families, and communities are essential to influence social change and empowering clients/client systems and populations at-risk. The course emphasizes assessment and intervention with client systems inclusive of their risk, protective factors and strengths in the context of the supports and demands of their environment.

Course Competencies

By the completion of this course, the students are expected to be able to demonstrate (through course activities, assignments and/or exams):

1. Assess complex client systems from an ecological perspective for practice with individuals, small groups, families, and communities with an emphasis on diverse strengths, resources, natural support systems and using culturally affirming communication and available evidenced-based, culturally affirming assessment tools. (Practice- F.2, F.3, F.4; CT/EBP- F.1, F.4; Diversity- F.1, F.3, F.4; Research-F.1. (*content: skills and strategies for assessing clients/client systems, problems, issues, and organizations; culturally affirming communication and assessment; critical analysis of assessment tools for evidence-bases and culturally affirmative elements; assessing family dynamics, roles, and patterns; information technology to locate evidence-based assessment tools*).
2. Evaluate the limitations and strengths of practice models and interventions and identify best practices appropriately in work with diverse client systems, families and small groups (Practice-F.6; CT/EBP-F.1, F.3; Diversity-F.4, F.6; Pops at-risk & SJ-F.1; Research- F.1). (*content: generalist group work (i.e., group dynamics, processes, roles); intra-, inter- and inter-disciplinary teams; generalist family-centered, strengths-based, evidence supported interventions; using information technological resources to identify evidence-based interventions; family configurations (e.g., single parent, step-, aging, GLBTQ) and issues (e.g., child maltreatment and abuse, mental and physical health, immigration/legal status, death and dying, disability(ies), poverty, violence); intra-, inter- and inter-disciplinary teams*).
3. Recognize, analyze, and tolerate ambiguity in resolving ethical dilemmas that arise in practice with individuals, families, groups, and communities. (Values/ethics-F.1, F.2; CT/EBP-F.4; Pops at-risk & SJ-F.4). (*content: NASW Code of Ethics, International Code of Ethics; ethical principles; professional values; analysis of ethical dilemmas; designing resolution strategies; utilizing supervision appropriately for analysis and resolution of ethical dilemmas*).
4. Identify evidence-based prevention principles and approaches to wellbeing and social and economic justice across client systems. (Practice-F.9; CT/EBP-F.5; Pops at-risk & SJ-F.3). (*content: public health/risk and resilience framework (Fraser); EBP prevention models of practice; precautionary Principle (Public Health) and traditional scientific risk assessment methodologies; at-risk populations (e.g., HIV, suicide, community, and domestic violence, and substance abuse; using information technology to identify evidence-based principles and approaches*).
5. Describe how advocacy and social change are applied to advance well-being, human rights, and social and economic justice in communities, and how and when to apply such generalist strategies across larger systems. (Practice-F.5, F.10; Pops at-risk & SJ- F.4., F.6; Values/ethics-F.1). (*content: models of community practice, planned social change, and empowerment (e.g., grassroots, neighborhood, and community organizing); generalist roles, strategies and tactics in organizing functional communities, community social and economic development, program development, community liaison, social planning, coalition building,*

political and social action; social movements and their core components for progressive change (i.e., social work roles, scope of concern, constituencies, target systems, desired outcomes).

Course Requirements/Plan for Evaluation:

Class presentation of case study.....	20%
Discussion boards (2)	25% (12.5% each)
Group Project	30%
Final Exam	25%

Students are expected to attend every class session. It is essential that students notify the instructor by e-mail (ddupper@utk.edu) in a timely manner if circumstances interfere with class attendance or the completion of course assignments.

Class presentation of case studies

Students will be expected to cover the following areas in their class presentations of case studies that focus on social work practice with one or more of the following --individuals, small groups, families, organizations, and/or communities: assessment of complex client systems from an ecological perspective with an emphasis on diverse strengths, resources, and natural support systems; discussing issues that must be addressed in identifying, developing, and implementing appropriate evidence-based intervention(s).

Discussion boards

Topics for the two discussion board assignments will include: (1) recognition, analysis, and toleration of ambiguity in the resolution of ethical dilemmas that arise in practice with individuals, families, groups, and/or communities; and (2) identification of evidence-based intervention principles and approaches to wellbeing and social and economic justice across client systems and the critical evaluation of these interventions.

Group Project

In this assignment, students, using an eco-map, will be asked to: assess complex client systems from an ecological perspective with an emphasis on diverse strengths, resources, natural support systems; conduct a comprehensive literature review/search to identify available evidenced-based, culturally affirming assessment tools and “best practices” (based on an evaluation of limitations and strengths of various interventions).

Final Exam

The final exam will include, but not be limited to, questions on the following topics: using culturally-affirming communication in social work practice; identifying evidence-based prevention principles and approaches to wellbeing and social and economic justice across client systems; describing how advocacy and social change are applied to advance well-being, human rights, and social and economic justice in communities, and how and when to apply such generalist strategies across larger systems.

The final course grade will be based on the following:

A = 94 – 100%

B+ = 87 – 93.99%
B = 80 – 86.99%
C+ = 75 – 79.99%
C = 70 – 74.99%
D = 65 – 69.99%
F = less than 65%

Required Texts:

Dworkin, J. (2005). *Advanced social work practice: An integrative, multilevel approach*. Boston, MA: Pearson Education, Inc.

Additional readings can be accessed on-line at the Hodges library website.

Course Content Outline:

Module 1

Overview of course and assignments; what is “problem-based learning”? Sign-up sheet for presentations of case studies; small group discussion of cases; *assign discussion board #1*

Readings for module 1:

Overview of course and assignments; what is “problem-based learning”? Sign-up sheet for presentations of case studies

Chapter 1 of Dworkin textbook- PROBLEM-BASED LEARNING AND THE CASE STUDY METHOD- The case for the Case Study Method, Problem-Based learning, Cooperative learning, the teacher’s role, applying the Case Study Method and Problem-Based Learning to social work, evidence-based practice.

Case study: 4-2 A Cambodian woman with severe psychological and social trauma (pp. 49-51)

Case study: 5-3 Interventions with recent Hmong immigrants (pp. 65-67)

*Nicholson, B. & Kay, D. (1999). Group treatment of traumatized Cambodian women: A culture-specific approach. *Social Work, 44*, 470-479.

*Birman, D., Trickett, E. & Buchanan, R.M. (2005). A tale of two cities: Replication of a study on the acculturation and adaptation of immigrant adolescents from the former Soviet Union in a different community context. *American Journal of Community Psychology, 35*, 83-101.

*Carlson, B.E. (2006). Best practices in the treatment of substance-abusing women in the child welfare system. *Journal of Social Work Practice in the Addictions, 6*, 97-115.

*Littell, J.H. (2005). Lessons from a systematic review of effects of multisystemic therapy. *Children and Youth Services Review, 27*, 445-463.

*Hembree, E., Rauch, S., & Foa, E. (2003). Beyond the manual: The insider's guide to Prolonged Exposure therapy for PTSD. *Cognitive and Behavioral Practice, 10(1)*, 22-30.

Module 2

Discussion board #1 is due. Assessment of and multi-level interventions with complex problems facing individuals & families from an ecological perspective; identification and critique of best practices in assessing and intervening with individuals, small groups, & families; information

technology to locate evidence-based assessment tools; family configurations (e.g., single parent, step-, aging, GLBTQ) and issues (e.g., child maltreatment and abuse, mental and physical health, immigration/legal status, death and dying, disability(ies), poverty, violence)

Readings for module 2:

Case study: 3-3 Response to school violence: A community-based approach (pp. 40-41)

Case study: 3-1 A school-based program for teen parents (pp. 34-36)

*Franklin, C. & Corcoran, J. (2000). Preventing adolescent pregnancy: A review of programs and practices. *Social Work, 45*, 40-52.

*Finifter, D.H., Jensen, C.J., Wilson, C.E. & Koenig, B.L. (2005). A comprehensive, multitiered, targeted community needs assessment model. *Family and Community Health, 28*, 293-306.

*Boehm, A. & Itzhaky, H. (2004). The social marketing approach: A way to increase reporting and treatment of sexual assault. *Child Abuse and Neglect, 28*, 253-265.

*Botvin, G.J., Griffen, K.W. & Nichols, T.D. (2006). Preventing youth violence and delinquency through a universal school-based approach. *Prevention Science, 7*, 403-408.

Module 3

Assessment and multi-level interventions with organizations & communities from an ecological perspective; identification and critique of best practices in assessing and intervening with organizations and communities; information technology to locate evidence-based assessment tools; generalist group work (i.e., group dynamics, processes, roles); *assign discussion board #2.*

Readings for module 3:

Case study: 6-1 Dealing with end-stage illness: Cultural issues and the interdisciplinary team (pp. 69-71).

Case study: 7-1 Primary prevention to promote effective parenting: The Parent University (pp. 80-84).

*NASW (2003). Client self-determination in end-of-life decisions. *Social Work Speaks* (pp. 46-49). Washington, DC: NASW Press.

*Bond, L. & Burns, C. (1998). Investing in parents' development as an investment in primary prevention. *Journal of Mental Health, 7*, 493-504.

*Bronstein, L.R. (2003). A model for interdisciplinary collaboration. *Social Work, 48*, 297-306.

*Jenson, J.M. (2006). Advances and challenges in preventing childhood and adolescent problem behavior. *Social Work Research, 30*, 131-134.

*Campbell, A.N., Fisher, D.S., Picciano, J.F., Orlando, M.J., Stephens, R.S. & Roffman, R.A. (2004). Marketing effectiveness in reaching the non-treatment seeking marijuana smoker. *Journal of Social Work Practice in the Addictions, 4*, 39-59.

Module 4

Discussion board # 2 is due. Evidence-based prevention principles and approaches across client systems; intra-, inter- and trans-disciplinary teams; public health/risk and resilience framework (Fraser); prevention approaches with at-risk populations (e.g., HIV, suicide, community, and domestic violence, and substance abuse); using information technology to identify evidence-based principles and approaches; precautionary principle (Public Health) and traditional scientific risk assessment methodologies.

Readings for module 4:

- Case study: 2-5 The impact of agency policy on intervention with a family affected by ADHD/ODD (pp. 29-32)
- Case study: 4-1 Multilevel solutions to *violence* with an African-American family using Oppression and Feminist theories (pp. 46-48).
- *Icard, L.D. Bourjolly, J.N. & Siddiqui, N. (2003). Designing social marketing strategies to increase African Americans' access to health promotion programs. *Health and Social Work, 28*, 214- 223.
- *Peterson, N.A. & Hughey, J. (2002). Tailoring organizational characteristics for empowerment: Accommodating individual economic resources. *Journal of Community Practice, 10*, 41-59.
- *Chino, M. & DeBruyn, L. (2006). Building true capacity: Indigenous models for indigenous communities. *American Journal of Public Health, 96*, 596-599.
- *Hancock, T. U. (2005). Cultural competence in the assessment of poor Mexican families in the rural southeastern United States. *Child Welfare, 84*, 689-711.

Module 5

Advocacy and social change strategies that advance well-being and social and economic justice with individuals and in organizations & communities; models of community practice, grassroots, neighborhood, and community organizing; community social and economic development, program development, community liaison, social planning, coalition building, political and social action; social movements and their core components for progressive change (i.e., social work roles, scope of concern, constituencies, target systems, desired outcomes).

Readings for module 5:

- Case study: 7-4 Restoring organizational functioning: Challenge for a new executive director (pp. 93-95)
- Case study: 2-4 Assessment challenges with an adult homeless male (pp. 25-28) using guidelines for class presentations.
- *Jacobson, M. & Rugeley, C. (2007). Community-based participatory research: Group work for social justice and community change. *Social Work with Groups, 30*, 21-39.
- *Goodkind, J.R. & Foster-Fishman, P.G. (2002). Integrating diversity and fostering interdependence: Ecological lessons learned about refugee participation in multiethnic communities. *Journal of Community Psychology, 30*, 389-409.

Module 6

GROUP PROJECT IS DUE. Recognizing, analyzing, and resolving ethical dilemmas with individuals, families, groups, and communities; NASW Code of Ethics, International Code of Ethics; ethical principles; professional values; utilizing supervision appropriately for analysis and resolution of ethical dilemmas.

Readings for module 6:

- Case study: 3-2 Outreach to homeless youth at-risk (pp. 37-39)
- Case study: 2-3 Clinical practice in a rural community with an adult survivor of sexual trauma (pp. 20-24)
- *Cox, K.F. (2005). Examining the role of social network intervention as an integral component of community-based, family-focused practice. *Journal of Child and*

Family Studies, 14, 443-454.

*Heflinger, C.A. & Christens, B. (2006). Rural behavioral health services for children and adolescents: An ecological and community psychology analysis. *Journal of Community Psychology, 34, 379-400.*

FINAL EXAM (TBA)