

THE UNIVERSITY OF TENNESSEE
COLLEGE OF SOCIAL WORK

SW 532: Short Term Interventions

Course Outline
Summer 2007

Instructor: R. Lyle Cooper, Ph.D.
Phone: (502)296-8805
Office: none
Class Time: 11:15-1:55
Email: lcooper72@gmail.com

Office Hours: None
Virtual Office Hours: Monday 11:15-1:55
when class does not meet

Course Design:

This course is designed as a combination of online and face to face interactions. The class will meet online a total of five times (6/11; 6/18; 6/25; 7/9; 7/23) during the course of the semester. The remainder of the course will be conducted online face to face. The online portion of the course will employ online quizzes, discussion boards, and other assignments as prescribed by the instructor. The instructor will be extensively available via e-mail, discussion boards, and chat rooms to facilitate student learning. However, this format requires a considerable amount of self-direction on the part of students enrolled in the course.

Required Texts:

Miller, W.R. & Rollnick, S. (2002). *Motivational interviewing: Preparing people for change* (2nd ed.). New York: Guilford Press.

Course Requirements:

Quizzes (2 X 10% apiece): A total of 2 quizzes will be administered throughout the semester through Blackboard. These quizzes will be derived from that weeks readings and will not be cumulative.

Discussion Board (3 X 10% apiece): The purpose of the discussion boards is to provide students with an opportunity to reflect on and respond to issues raised by the weekly readings. For three of the ten sessions, discussion questions will be posted on Blackboard related to that week's readings. Students are to 1) respond to the questions posed, and 2) respond to at least 2 other students' comments. Each discussion board will be open for 7 days, closing at 11:59 PM on the last day of the week (Sun.). Students are encouraged to post their initial comments early during this period and then visit the discussion board a minimum of two times in order to respond to other students' postings. Postings and responses must be substantive. In other words, comments such as "good point, Susan" or "I agree with Tom" are not acceptable. Responses should further and enrich the discussion.

Role Play/Learning Reflections (3 x 10% apiece): Learners will be given materials during class that structure their reflection on role plays and other learning exercises. These mini-assignments will be graded according to how well the learner demonstrates their knowledge of the concepts taught in class

Motivational Interviewing Video or Role Play (20%): In pairs, learners will conduct mock motivational interviewing counseling sessions. These interviews should include a demonstration of expressing empathy, developing discrepancy, rolling with resistance, eliciting change talk, and supporting self-efficacy. Included with the submission of the video or role play will be a short worksheet, distributed in class, detailing where in the tape and how the required element of the assignment was conducted. These tapes should be no more than 20 minutes long

Course Grading Scale: CHECK THIS OUT and MAKE CHANGES

A 93-100
B+ 88-92.9
B 80-87.9
C+ 77-79.9

